Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

SCRIPTURE

Luke 24:36-49

SESSION SUMMARY

In this week's session, we see Jesus appear to His followers after His resurrection. In doing this, Jesus confirmed the truth—He was who He claimed to be and did what the Father sent Him to do. But Jesus also comforted His disciples, helped them deal with their doubt, and reminded them that He would send the Holy Spirit. Here are the key takeaways:

- The risen Messiah brings peace (Luke 24:36-38a).
- The risen Messiah overcomes doubts (Luke 24:38b-43).
- The risen Messiah fulfills Scripture (Luke 24:44-49).

CONVERSATION QUESTIONS

- · How can Jesus's greeting to His disciples encourage us?
- Where does our family need Jesus's offer of peace?
- What can we do to gain a better understanding of the Old Testament? Why is that important?

FAMILY CHALLENGE

Sit in a circle, and think about the doubts you have when it comes to your faith. Set a timer for one minute and go around the circle saying, "Sometimes I doubt . . ." Try not to hesitate and edit what your doubts are; instead, be open and honest. If it helps, say the first thing that pops into your mind when it's your turn. After everyone has shared, take a minute to discuss these doubts and how Scripture speaks to them. If it doesn't speak to doubts specifically, spend time praying that God would ease your doubts and fears.