

“And I know that nothing good lives in me, that is, in my sinful nature. I want to do what is right, but I can’t. I want to do what is good, but I don’t. I don’t want to do what is wrong, but I do it anyway. But if I do what I don’t want to do, I am not really the one doing wrong; it is sin living in me that does it.

Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? Thank God! The answer is in Jesus Christ our Lord. ...”

Romans 7:18-20, 24-25 NLT

“Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death. For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh, in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit.”

Romans 8:1-4 NIV

“The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you.”

Romans 8:11 NLT

1. God’s verdict is no condemnation

And if we condemn ourselves, if we do not treat ourselves well, and as valuable, we will eventually punish everyone around us the people we love most will bear. The brunt of our anger, are frustration, and our judgment.

2. We now live under the power of a greater law

But God introduces a new law—like aerodynamics overcoming gravity. A plane doesn’t cancel gravity—it overcomes it with a greater force.

3. What we could not do...GOD DID

Jesus didn’t shout instructions from heaven—He stepped into the chaos.

4. We are not following a rule book. We are following a person.

“...who live according to the spirit.”

“The Spirit of God, who raised Jesus from the dead, lives in you.”

The Gospel: 1. We couldn’t

2. He did

3. Because he did, now we do.