



## **KINDOM In Fasting**

### **Message Scripture: Isaiah 58:6-8a**

We may think of fasting as restricting, but it can be a way to deepen Kindom relationships.

### **Prayer**

Dear God, give me a hunger for you. Amen.

### **Daily Scriptures**

03.08.26 • Isaiah 58:6-12

03.09.26 • Matthew 6:16

03.10.26 • Psalm 35:13

03.11.26 • Joel 2:12

03.12.26 • Acts 13:1-3

03.13.26 • Matthew 6:16-18

03.14.26 • Luke 4:1-13

### **Question for Reflection**

What is your experience with fasting?

What could you fast this week to make room for a deeper relationship with God and others?

### **Learn More**

*Barking to the Choir: The Power of Radical Kinship*

By Gregory Boyle

*Tattoos on the Heart*

By Gregory Boyle

*A Year With God*

Edited by Richard Foster & Julia Roller