



BE THE ATTITUDE OF CHRIST **Meek**

Message Scripture: Matthew 5:5

The Beatitudes are statements of blessing from Jesus with usual twists. Meekness is a counter-cultural concept, and Jesus says the meek will inherit the earth.

Prayer

Dear God, help me to humbly and gently serve you and others. Amen.

Daily Scriptures

- 01.18.26 • Matthew 5:5
- 01.19.26 • Psalm 37:5-9
- 01.20.26 • Colossians 4:6
- 01.21.26 • Galatians 5:22-26
- 01.22.26 • Proverbs 16:32
- 01.23.26 • Ephesians 4:2
- 01.24.26 • Philippians 2:3

Questions for Reflection

What spiritual practices help you exercise self-control?
Who has demonstrated humility and gentleness to you?

Learn More

A Year With God

Edited by Richard Foster & Julia Roller

Emotionally Healthy Spirituality

By Peter Scazzero

Happy?

By Matt Miofsky

Take the assessment

<https://www.emotionallyhealthy.org/mature/personal-assessment/>



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