



## BE THE ATTITUDE OF CHRIST Merciful & Pure in Heart

### Message Scripture: Matthew 5:7-8

God wants us to receive and offer mercy. What do we see when we examine the motives behind our words and actions? How are we offering mercy and centering our lives on Christ?

#### Prayer

Dear God, thank you for your mercy. I want to serve you with my whole heart. Amen.

#### Daily Scriptures

02.08.26 • Matthew 5:7  
02.09.26 • Matthew 5:8  
02.10.26 • Psalm 130  
02.11.26 • Psalm 111  
02.12.26 • Psalm 51:10-12  
02.13.26 • Philippians 4:8-9  
02.14.26 • Colossians 3:12-17

#### Questions for Reflection

When have you received unmerited mercy?  
Who or what helps you examine your motives?

#### Learn More

*The Anatomy of Peace*  
By the Arbinger Institute

*Happy*

By Matt Miofsky

*How Can I Forgive*

By Joretta Marshall

*Forgiveness*

By Adam Hamilton

Resource for Praying the Examen

<https://www.ignatianspirituality.com/ignatian-prayer/the-examen/>



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