

ILLUMINE**Holy Communion Part 1 ~ Christ's Action****Message Scripture: 1 Corinthians 11:23-26**

In this series we explore how the Holy Spirit illumines our spiritual path and guides us through the sacraments of Baptism and Holy Communion and in our understanding of the Bible. In turn, we can become luminaries or lights for Christ and shine bright as lights of God's love for others. This week we focus on Christ's actions that laid the foundation for our practice of Holy Communion.

Prayer

Dear God, deepen my understanding of your sacrifice for me so that I may more fully love and serve you and others. Amen.

Daily Scriptures

08.24.25 • 1 Corinthians 11:23-26

08.25.25 • Matthew 26:26-29

08.26.25 • Mark 14:22-25

08.27.25 • Luke 22:14-20

08.28.25 • John 13:1-17

08.29.25 • Luke 24:13-35

08.30.25 • Acts 2:42-47

Questions for Reflection

What aspects of Holy Communion are particularly meaningful to you?
How has your understanding of Communion changed over time?

Learn More

This Holy Mystery

By Gayle Carlton Felton

A Disciple's Path

By James Harnish

United Methodist Beliefs

By William Willimon

United Methodist Questions

United Methodist Answers

By F. Belton Joyner, Jr.