

XP3 Students

GROW UP SESSION 5: Big Serve

High School Small Group Dialog

Bottom Line: There is a direct connection between your faith and your serve.
Scripture References: Matthew 14:13-33

The way we usually communicate some need in the church is usually through guilt or desperation, and while this may be effective for a time, we often forget to tell people this one simple truth—that when you serve, you get something. You grow. Use today's small group dialog to help your students understand that truth, and let them know how God has grown you through your service as well.

Create meaningful conversation. Adjust questions as needed, and don't feel like you need to answer all of them.

1. What are the three things we have talked about so far that can grow up your faith? How have you started to view your relationship with God differently in light of these three things?
2. This week we talked about how service can grow your faith. What has been your experience of serving in the past?
3. What are your biggest hang-ups in serving? When it comes to serving, what would be the worst that could happen if the things you fear the most from serving actually came true? Common deterrents to serving are, time, ability, fear of rejection, fear of how we look to our friends etc. Spend some time talking about why those reasons matter to us.
4. What are some solutions we can come up with to deal with these legitimate fears so serving isn't such a scary thing?
5. What do you think you could be missing out on by not serving?
6. We heard a story from Scripture today about Jesus feeding the five thousand. In it, we heard that while the disciples may not have known how to feed five thousand, they did know what to do with what they had. What do you think you have that can be used to serve other people?
7. Spend some time focusing on each person in the group. Have everyone go around and highlight characteristics of each student in the group—characteristics that help them in service opportunities.
8. Listen to this prayer: "Lord, please invite me out of my comfort zone." What would keep you from praying that prayer? How can you move past that obstacle?
9. Brainstorm ideas of places that the entire group could serve together and make a plan this week to make it happen.

NEXT STEP: This week continues the XP for this series. Ask your students to write the words "service" at the top of the next available page. Tell them this week to write down some of the things they have learned about God while serving others. Make sure you tell your students to bring their journals with them each week. You will need to remind them about that this week. (See the XP document for more details.) This is also a great opportunity to let students know specific strengths and abilities you have seen in them, and show them ways they can serve in your church and use those talents.