

" Making Your Spouse Your Friend " Song 5:16

Session 3

King Solomon and his Shulamite wife had a relationship that many married couples would love to enjoy. There is romance, sharing, erotica, strong feelings.

1. Be a friend

Friendship is a decision that one makes. It is an action we take. Prov 17:17

2. Spend time together communicating

There is a tremendous joy to be found in communicating about the things you love the most
Song 2:14, John 15:15

3. Reconcile conflicts

Unresolved conflicts destroy friendship and intimacy, it leads to resentment and bitterness Eph 4:26

4. Be responsive to your spouses requests

Listen to what your mate is telling you concerning their needs and actively seek to respond in a loving way.

5. Spend some recreational time together

Solomon and his wife were constantly hanging out Song 1:7-8, 2:10-13, 7:11-12

6. Demonstrate trust

You have to have confidence that your friend or spouse cares about you, has your best interests at heart. That trust produces a sense of security. 1Cor 13:7