

## “Seeing Christmas In The Old Testament Manna”

Exodus 16

John 6:32-51

December 21, 2025

- ❖ The Old Testament manna is a type or a picture of \_\_\_\_\_ Christ!

**(John 6:32-51)**

“Jesus said to them, “Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven... Your ancestors ate the manna in the wilderness, yet they died. But here is the bread that comes down from heaven, which anyone may eat and not die. I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.”

**John 6:32, 49-51 (NIV)**

- I. Both the Old Testament manna and Jesus were \_\_\_\_\_ provisions of \_\_\_\_\_ from \_\_\_\_\_.

“Then the LORD said to Moses, “I will rain down bread from heaven for you.”

**Exodus 16:4a (NIV)**

“This is how the birth of Jesus the Messiah came about: His mother Mary was pledged to be married to Joseph, but before they came

together, she was found to be pregnant through the Holy Spirit.”

**Matthew 1:18 (NIV)**

“Jesus said to them, “Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven.

**John 6:32 (NIV)**

- II. The Old Testament manna came to a people wandering in the Desert of Sin when they were complaining against God. Jesus came to a people wandering in the \_\_\_\_\_ of sin and \_\_\_\_\_ against God.

“The whole Israelite community set out from Elim and came to the Desert of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had come out of Egypt. In the desert the whole community grumbled against Moses and Aaron... You are not grumbling against us, but against the LORD.”

**Exodus 16:1-2, 8c (NIV)**

“But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.”

**Romans 5:8 (NIV)**

“The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth.”

**John 1:14 (NIV)**

- III. The Old Testament provision of manna provided what the people needed for \_\_\_\_\_ life. Jesus Christ provides what we need for \_\_\_\_\_ life.

“The Israelites said to them, “If only we had died by the LORD’s hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death.” Then the LORD said to Moses, “I will rain down bread from heaven for you.”

**Exodus 16:3-4a (NIV)**

Very truly I tell you, the one who believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, yet they died. But here is the bread that comes down from heaven, which anyone may eat and not die. I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.”

**John 6:47-51 (NIV)**

- IV. Trusting God was the key to the Old Testament life giving manna and \_\_\_\_\_ is the key to the life-giving Jesus.

“Then the LORD said to Moses, “I will rain down bread from heaven for you. The people are to go out each day and gather enough for that day. In this way I will test them and see whether they will follow my instructions. On the sixth day they are to prepare what they bring in, and that is to be twice as much as they gather on the other days.”

**Exodus 16:4-5 (NIV)**

“However, some of them paid no attention to Moses; they kept part of it until morning, but it was full of maggots and began to smell. So, Moses was angry with them. Nevertheless, some of the people went out on the seventh day to gather it, but they found none.”

**Exodus 16:20, 27 (NIV)**

“Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty. But as I told you, you have seen me and still you do not believe.”

**John 6:35-36 (NIV)**

- V. Manna was a \_\_\_\_\_ need for the people and Jesus is a \_\_\_\_\_ need for us.

“Then the LORD said to Moses, “I will rain down bread from heaven for you. The people are to go out each day and gather enough for that day. In this way I will test them and see whether they will follow my instructions.”

**Exodus 16:4 (NIV)**

“Then he said to them all: “Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me.”

**Luke 9:23 (NIV)**

“Oh, how I love your law! I meditate on it all day long.”

**Psalm 119:97 (NIV)**

VI. The manna was sustaining and satisfying and

\_\_\_\_\_ is Jesus our living bread.

“The people of Israel called the bread manna.  
[a] It was white like coriander seed and tasted like wafers made with honey.”

**Exodus 16:31 (NIV)**

“Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.”

**John 6:35 (NIV)**

VII. The Israelites were to \_\_\_\_\_ what God did in providing manna and we are to \_\_\_\_\_ what God did at Christmas.

“Moses said, “This is what the LORD has commanded: ‘Take an Omer of manna and keep it for the generations to come, so they can see the bread I gave you to eat in the wilderness when I brought you out of Egypt.’”

**Exodus 16:32 (NIV)**

“I will remember the deeds of the LORD; yes, I will remember your miracles of long ago.”

**Psalm 77:11 (NIV)**

VIII. When the Israelites saw the manna they asked, “\_\_\_\_\_ is it?” but when people think about Jesus’ coming they must ask, “\_\_\_\_\_ is he?”.

“When the Israelites saw it, they said to each other, “What is it?” For they did not know what it was. Moses said to them, “It is the bread the LORD has given you to eat.”

**Exodus 16:15 (NIV)**

“For my Father’s will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day.” At this the Jews there began to grumble about him because he said, “I am the bread that came down from heaven.” They said, “Is this not Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I came down from heaven’?”

**John 6:40-42 (NIV)**

“When Jesus came to the region of Caesarea Philippi, he asked his disciples, “Who do people say the Son of Man is?” ... “But what about you?” he asked. “Who do you say I am?” Simon Peter answered, “You are the Messiah, the Son of the living God.”

**Matthew 16:13, 15-16 (NIV)**