“Enjoy Life”

Ecclesiastes 11:7-10

November 4, 2026

I. God has given us life to _____.

“The thief comes only to steal and kill and destroy; I have come that they may have life and have it to the full.”

John 10:10 (NIV)

“Light is sweet, and it pleases the eyes to see the sun. However, many years anyone may live, let them enjoy them all.”

Ecclesiastes 11:7-8a (NIV)

“Why is light given to those in misery, and life to the bitter of soul,”

Job 3:20 (NIV)

II. True enjoyment in life is only found in _____.

“This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all.”

1 John 1:5 (NIV)

“The LORD is my light and my salvation— whom shall I fear?”

Psalms 27:1a (NIV)

“Do not gloat over me, my enemy! Though I have fallen, I will rise. Though I sit in darkness, the LORD will be my light.”

Micah 7:8 (NIV)

III. Remembering that dark days are coming will help us learn to _____ the days of light.

“But let them remember the days of darkness, for there will be many. Everything to come is meaningless.”

Ecclesiastes 11:8b,c (NIV)

“before I go to the place of no return, to the land of gloom and utter darkness, to the land of deepest night, of utter darkness and disorder, where even the light is like darkness.”

Job 10:21-22 (NIV)

IV. In God we have great _____ to enjoy life but this freedom is not a _____ to sin.

“Live as free people, but do not use your freedom as a cover-up for evil; live as God’s slaves.”

1 Peter 2:16 (NIV)

"I have the right to do anything," you say—but not everything is beneficial. "I have the right to do anything" —but not everything is constructive. No one should seek their own good, but the good of others."

1 Corinthians 10:23-24 (NIV)

"You who are young, be happy while you are young, and let your heart give you joy in the days of your youth. Follow the ways of your heart and whatever your eyes see but know that for all these things God will bring you into judgment."

Ecclesiastes 11:9 (NIV)

❖ Enjoyment in life comes when our heart _____ with God.

"Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

Proverbs 3:5-6 (NIV)

"Trust in the LORD and do good; dwell in the land and enjoy safe pasture. Take delight in the LORD, and he will give you the desires of your heart. Commit your way to the LORD; trust in him and he will do this: He will make your righteous reward shine like the dawn, your vindication like the noonday sun."

Psalms 37:3-6 (NIV)

❖ Remember we are _____ to God in how we live.

"but know that for all these things God will bring you into judgment."

Ecclesiastes 11:9c (NIV)

"For we must all appear before the judgment seat of Christ, so that each of us may receive what is due us for the things done while in the body, whether good or bad."

2 Corinthians 5:10 (NIV)

"Now all has been heard; here is the conclusion of the matter: Fear God and keep his commandments, for this is the duty of all mankind. For God will bring every deed into judgment, including every hidden thing, whether it is good or evil."

Ecclesiastes 12:13-14 (NIV)

V. Put off those things from your life that are not for your true enjoyment but for your _____.

"So then, banish anxiety from your heart and cast off the troubles of your body, for youth and vigor are meaningless."

Ecclesiastes 11:10 (NIV)

"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us,"

Hebrews 12:1 (NIV)