

“What’s Growing In Your Mind?”

1 Peter 1:13-16

February 8, 2026

- I. Plant it by _____ your mind with the _____ of _____.

“How can a young person stay on the path of purity? By living according to your word.”

Psalm 119:9 (NIV)

“I have hidden your word in my heart that I might not sin against you.”

Psalm 119:11 (NIV)

- ❖ The principle of _____ and _____ applies to your mind.

“Do not be deceived: God cannot be mocked. A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap

destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life.”

Galatians 6:7-8 (NIV)

“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me or seen in me — put it into practice. And the God of peace will be with you.”

Philippians 4:8-9

(NIV)

- II. Weed it by _____ the _____ thoughts from your mind.

“Look after each other so that not one of you will fail to find God’s best blessings. Watch out that no bitterness takes root among you, for as it springs up it causes deep trouble, hurting many in their spiritual lives.”

Hebrews 12:15 (TLB)

“Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice.”

Ephesians 4:31 (NIV)

“Temptation is the pull of man’s own evil thoughts and wishes.”

James 1:14 (TLB)

“We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.”

2 Corinthians 10:5 (NIV)

- ❖ Try this: As soon as you have a negative or bad thought, _____ it and _____ it with a good one!

- III. Protect it by _____
_____ against that which is harmful to your _____.

“Listen, son of mine, to what I say. Listen carefully. Keep these thoughts ever in mind; let them penetrate deep within your heart, for they will mean real life for you and radiant health. *Above all else, guard your affections.* For they influence everything else in your life. Spurn the careless kiss of a prostitute. Stay far from her. Look straight ahead; don’t even turn your head to look. Watch your step. Stick to the path and be safe. Don’t sidetrack; pull back your foot from danger.”

Proverbs 4:20-27 (TLB)

“Let us behave decently, as in the daytime, not in carousing and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy. Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the flesh.”

Romans 13:13-14 (NIV)

- ❖ What boundaries do you need to erect to protect your mind and your thoughts?