



Week 1 - Complaining - Key Scriptures

They said to Moses, "Was it because there were no graves in Egypt that you brought us to the desert to die? What have you done to us by bringing us out of Egypt? Didn't we say to you in Egypt, 'Leave us alone; let us serve the Egyptians'? It would have been better for us to serve the Egyptians than to die in the desert!"

Exodus 14:11-12 NIV

... "You are not grumbling against us, but against the LORD."

Exodus 16:8 NIV

*Do everything without grumbling or arguing, so that you may become blameless and pure, "children of God without fault in a warped and crooked generation." **Philippians 2:14-15 NIV***

But even if I am being poured out like a drink offering on the sacrifice and service coming from your faith, I am glad and rejoice with all of you. So you too should be glad and rejoice with me.

Philippians 2:17-18 NIV

*Now I want you to know, brothers and sisters, that what has happened to me has actually served to advance the gospel. As a result, it has become clear throughout the whole palace guard and to everyone else that I am in chains for Christ. **Philipp. 1:12-13 NIV***

*Let all that I am praise the LORD; may I never forget the good things he does for me. He forgives all my sins and heals all my diseases. He redeems me from death and crowns me with love and tender mercies. He fills my life with good things. **Psalms 103:2-5 NLT***

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What do you complain about the most?

What's the most menial thing you complain about?

Do you more often need to change your circumstances or your perspective?

Read Philippians 1:12-13.

How could you, like Paul, flip your perspective about the struggles you're facing?

What are some blessings you haven't been grateful for lately? How can you regularly turn these blessings into gratitude toward God?

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