

## Finding Hope When Life Is Hard



### Key Scripture

*For everyone has sinned; we all fall short of God's glorious standard. Yet God, in his grace, freely makes us right in his sight. He did this through Christ Jesus when he freed us from the penalty for our sins. For God presented Jesus as the sacrifice for sin. **Romans 3:23-25 NLT***

*But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed. **Isaiah 53:5 NIV***

- ◆ Read Romans 3:23-25 and Isaiah 53:5. How have you experienced grace and healing through Jesus?
- ◆ Was there a time when you felt stuck in a situation that felt urgent or heavy? How did you experience God during that time, and how can that encourage you the next time you experience trials?

*Heavenly Father, we believe that Jesus was crucified, died, and rose again. Thank You that, through His sacrifice, we are made whole and complete. We don't take this gift lightly. Please help us to experience full life in light of Jesus' resurrection. In Jesus' name, amen.*

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# *The Apostles' Creed*

I believe in God, the Father Almighty,  
Creator of heaven and earth.

I believe in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit,  
was born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day, He rose again.  
He ascended into heaven,  
is seated at the right hand of the Father,  
and will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy universal Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.

*Amen.*

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