



When You're Sick of Being Stuck

Romans 7:15, 19, 24 NLT

- ***Real change isn't behavior modification.***
- ***Real change is spiritual transformation.***

Romans 7:24-25 NLT

The Way to Real Change

- ***Not "God, then me."***
- ***Not "God, not me."***
- ***But "God through me."***

1 Corinthians 15:9-10 NIV

The grace that saves you is also the grace that changes you.

- ***Your spiritual "why" is God's purpose for you.***
- ***Your spiritual "how" is God's power through you.***

Zechariah 4:6 NIV

I am disciplined. Christ in me is stronger than the wrong desires in me.

If you change your behavior but don't change your heart, the behavior will come back.

You're trying to meet a need or relieve a hurt with something besides God's grace.

2 Corinthians 12:9 NLT



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THINK ABOUT IT

- ◆ Read **Zechariah 4:6**. What are some specific areas in your life where you're needing God's power?

- ◆ Think about a time when you made a lasting change in your life. What role did God have in that decision?

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