

# Summary

The sermon focuses on the importance of having an attitude of gratitude as a Christian, using various biblical examples to illustrate how thankfulness can transform lives. The pastor emphasizes that thanksgiving shouldn't be limited to one day a year but should be a daily practice. Through stories like the ten lepers, Zacchaeus, and Thomas, he demonstrates how gratitude can change perspectives, break negativity, and keep hearts tender toward God and others.

## Intro Prayer

Heavenly Father, as we gather to discuss Your word, we ask that You open our hearts to understand the power of gratitude. Help us to see Your blessings even in difficult times and teach us to maintain thankful hearts. Guide our discussion and reveal what You want each of us to learn today. In Jesus' name, Amen.

## Ice Breaker

What's something small that happened this week that you're thankful for?

## Key Verses

1. Colossians 1:3
2. Luke 17:12-19
3. 1 Thessalonians 5:18
4. Ephesians 4:32
5. James 1:2

## Questions

1. What's the difference between being healed and being made whole, as illustrated in the story of the ten lepers?
2. How did gratitude change Zacchaeus's perspective on wealth and possessions?
3. In what ways can maintaining a grateful attitude help us during difficult circumstances?
4. How does the story of Thomas demonstrate the transformation from negativity to gratitude?
5. Why do you think it's important to be thankful 'in' all circumstances rather than 'for' all circumstances?
6. How can gratitude help keep our hearts tender toward others, especially in situations where forgiveness is needed?
7. What are some practical ways we can cultivate an attitude of gratitude in our daily lives?
8. How has expressing gratitude changed your perspective on a challenging situation in your life?

# Life Application

This week, start a gratitude journal. Each day, write down three specific things you're thankful for, including at least one thing from a challenging situation. Notice how this practice begins to shift your perspective on daily circumstances.

## Key Takeaways

1. Gratitude will change your perspective on life and circumstances
2. Thankfulness can break patterns of negativity and transform our outlook
3. Being grateful keeps our hearts tender toward God and others
4. We should be thankful in all circumstances, even if not for them
5. True gratitude leads to transformation and spiritual growth

## Ending Prayer

Lord, thank You for teaching us about the power of gratitude. Help us to cultivate thankful hearts that see Your goodness in all circumstances. Transform our perspectives through gratitude and help us to be people who consistently give thanks. May our grateful hearts draw others to You. In Jesus' name, Amen.