

Readings and Music for

The Third Sunday in Lent, March 8, 2026

Processional

“Guide Me, O Thou Great Jehovah”

H690

Collect of the Day

Celebrant

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

First Reading

Exodus 17:1-7

A reading from the book of Exodus:

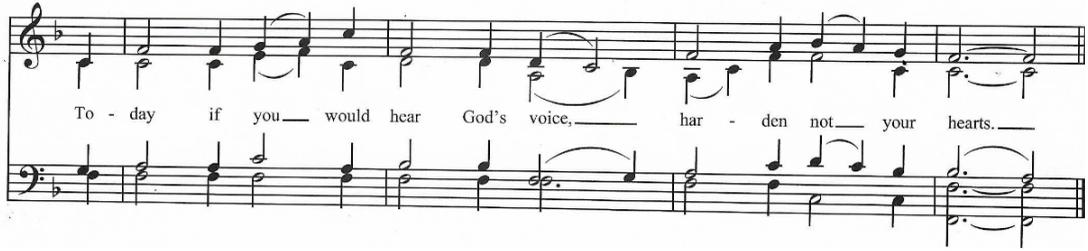
From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the Lord?” But the people thirsted there for water; and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” So Moses cried out to the Lord, “What shall I do with this people? They are almost ready to stone me.” The Lord said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and

Meribah, because the Israelites quarreled and tested the Lord, saying, “Is the Lord among us or not?”

Reader Hear what the Spirit is saying to God’s people.

People Thanks be to God.

Psalm 95



- 1 Come, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms. [ANT.]
- 3 For the LORD is a great God, *
and a great King above all gods.
- 4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- 5 The sea is his, for he made it, *
and his hands have molded the dry land. [ANT.]
- 6 Come, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.
- 7 For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice! [ANT.]
- 8 Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.
- 9 They put me to the test, *
though they had seen my works.
- 10 Forty years long I detested that generation and said, *
“This people are wayward in their hearts;
they do not know my ways.”
- 11 So I swore in my wrath, *
“They shall not enter into my rest.” [ANT.]

Second Reading

Romans 5:1-11

A reading from Paul's letter to the Romans:

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

Sequence

“Lord Have Mercy”

by Steve Merkel

Refrain: Choir and Congregation

Lord have mer - cy, Christ have mer - cy,
Lord have mer - cy on me. Lord have mer - cy, Christ have mer - cy,
Lord have mer - cy on me.

Verse 1: Choir only

Jesus I've forgotten the words that You have spoken
Promises that burned within my heart have now grown dim
With a doubting heart I follow the paths of earthly wisdom
Forgive me for my unbelief; renew the fire again [*Refrain*]

Verse 2: Choir Only

I have built an altar where I've worshipped things of man
I have taken journeys that have drawn me far from You
Now I am returning to Your mercies ever flowing
Pardon my transgressions; help me love You again [*Refrain*]

Verse 3: Choir only

I have longed to know You and all Your tender mercies
Like a river of forgiveness ever flowing without end
So I bow my heart before You in the goodness of Your presence
Your grace forever shining like a beacon in the night [*Refrain*]

Gospel

John 4:5-42

Deacon The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship

him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.”

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him.

Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.”

Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Deacon The Gospel of the Lord.

People Praise to you, Lord Christ.

Offertory Anthem "All Who Are Thirsty" by Brown and Robertson

1 D F#m7

All who are thirst - y _____ all who are weak

5 G2

come to the foun - tain. _____ Dip your heart in the

8 Em7 D/F# G2 G/A D

stream of life Let the pain and the sor - row _____

11 F#m7

be washed a - way _____ in the waves of His mer-

14 G2 Em7 D/F# G2 G/A

- cy _____ as deep cries out to deep. _____ (we sing)

Refrain

18 D D2 Dsus4 D G2 G/A D D2 Dsus4 D

Come, Lord Je - sus, _____ come. _____ Come, Lord Je - sus, _____

24 G² G/A D D² D^{sus4} D

come. Come, Lord Je - sus,

1. D.C.

28 G² G/A D D² D^{sus4} D G²

come. Come, Lord Je - sus, come.

2.

33 D D² D^{sus4} D G² G/A

Come, Lord Je - sus, come.

37 D D² D^{sus4} D G² G/A

Ho - ly Spir - it come.

41 D D² D^{sus4} D G² G/A

Come, Lord Je - sus, come.

45 D D² D^{sus4} D G²

Come, Lord Je - sus, come.

Communion “When, Like the Woman at the Well”

VF24

1 When, like the wo - man at the well, I
 2 Christ knew my heart, my way - ward ways, yet
 3 I learned I could for - ev - er live and
 4 Each day I lift my cup a - bove and
 5 Since now I am in grace im - mersed, set

lived with bro - ken dreams, _____ Christ came to me, good
 gave me hope, not fear. _____ The God I once thought
 wor - ship God a - right, _____ could trust the power the
 once a - gain re - ceive _____ the liv - ing wa - ter
 free, for - giv - en, whole, _____ I share with those who

news to tell, of ev - er liv - ing streams. _____
 far a - way, I could ap - proach, draw near. _____
 Spi - rit gives to guide me in truth's light. _____
 of God's love, re - vealed for my be - lief. _____
 are a - thirst the well - springs of my soul. _____

Fine

Recessional “Come Thou Fount of Every Blessing”

L111

SPECIAL INTENTIONS

THE FOLLOWING PEOPLE REMAIN ON OUR PERMANENT PRAYER LIST AS THEIR NEED FOR PRAYER IS LONG-TERM RATHER THAN ACUTE: Don, Roberta, Marilyn, Jim, Mary, Emily, Meghan, Jan, Chelsea, Bob, Mark, Michael, John, Bob, Billy, Laura, Cindy, Pam, Katy, Lou, Nick, Brendan, Bob, Debra, Janet, Jacelyn, Sharon, Gabe, Chuck, Nancy, Mike, Tom, Betty, Carol, David, James, Kathy, Bill, John, Rosemary, Roberta, Earl, Patricia.

This week at Transfiguration:

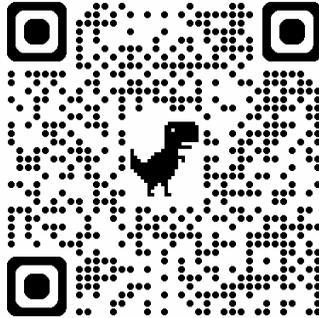
<i>Today</i>	<i>Holy Eucharist</i>	<i>Church/FB</i>	<i>10:00am</i>
	<i>Coffee Hour hosted by Anderson sisters</i>	<i>Leach Hall</i>	<i>11:15am</i>
<i>3/11</i>	<i>Soup & Sustenance</i>	<i>Leach Hall</i>	<i>6:30pm</i>
<i>3/14</i>	<i>DOK Quiet Day</i>	<i>Church</i>	<i>9:00am</i>

ANNOUNCEMENTS

- **Episcopal 101** – Join us again today and the next two Sundays after service for a time to learn what it means to be Episcopalians. We will gather in the sanctuary around 11:30AM. Today we will be focused on the theology of the Episcopal Church. If you are an adult who has never been confirmed and you would like to be or if you would like to be received into the Episcopal Church, this would be appropriate preparation. Even if you have been confirmed or received, this is a great opportunity to learn or refresh your knowledge of how our church works.

- **Soup and Sustenance** – Join us this Wednesday, March 11th, at 6:30PM for our second Lenten soup and sustenance session. Bryan Burke will be leading a discussion on the parables. There will be a simple meal of soup, salad, and bread. There is a sign-up sheet in the foyer to volunteer to bring soup, salad, or bread.
- **Daughters of the King Quiet Day** – Our St. Monica's chapter of the DOK is hosting a quiet day here at the parish on March 14th. There will be women from other chapters attending, and all the women of our parish are invited to attend. There will be refreshments, a Eucharist, time for discussion, and of course time for quiet reflection. For more details, reach out to Joan Karrison.
- **Birthday Cake Kit Project** - During Lent, the Children and Youth Ministry Committee is sponsoring a Birthday Cake Kits project. We are collecting all the supplies needed to bake birthday cakes (cake mix, frosting, icing, sprinkles, birthday candles, and blank birthday cards). Our church school kids will assemble all these items into individual kits (contained in foil baking pans) which will be donated to local food pantries. If you'd like to help, there is a signup poster on the bulletin board outside Leach Hall where you can register to bring one or more items. There is also a collection box where you can drop off your donations. We'd like to have all our supplies by Sunday, March 22. Thank you for your support!
- **Bunco** – Join us for our next Bunco night on March 21st!

Online Giving:



Rector: Rev. Hunter Farrow, rector@transfigpalos.org

Deacon: Rev. Jason Elliott, jasonagelliott@gmail.com

Deacon: Rev. Ann Gaston, anngaston@outlook.com

Parish Administrator: Linda Hibberd, admin@transfigpalos.org

Administrator's Office Hours

Monday – Thursday 8:30AM to 2:30PM

Priest's Office Hours

Monday – Thursday 10Am to 3:00PM

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