

**Psalms 28:7** “The Lord is my strength and my shield; my heart trusted in him, and I am helped: therefore my heart greatly rejoices; and with my song will I praise him.

**“You are only truly balanced when you are moving forward!”**

**Psalms 90:12** “So teach us to number our days that we may get a heart of wisdom.”

**Colossians 4:5** “Walk in wisdom toward outsiders, making the best use of the time.”

**Ecclesiastes 3:1** “For everything there is a season, and a time for every matter under heaven.”

✓ **If you don’t figure out how to handle time, time will handle you.**

**Ephesians 5:16-18** “Redeeming the time, because the days are evil.” <sup>17</sup> Wherefore be ye not unwise, but understanding what the will of the Lord is. <sup>18</sup> And be not drunk with wine, wherein is excess; but be filled with the Spirit.”

✓ **Decide how you’ll spend your life before other things decide it for you.**

**Proverbs 16:9** “The heart of a man plans his ways, but the Lord establishes His steps.”

#### **How to Handle Time:**

**1. Stop saying you don’t have the time.**

**Psalms 139:16b** (NIV) “All the days ordained for me were written in your book before one of them came to be.”

**2. Start admitting you didn’t make the time.**

**Proverbs 10:5** (Msg) “Make hay while the sun shines—that’s smart; go fishing during harvest—that’s stupid.”

**3. Decide what you need to make time for.**

**Ephesians 5:16** (NLT) “Make the most of every opportunity in these evil days.”

#### **3 Areas of to Make Time For:**

**1. Spiritually**

**2. Physically**

**3. Financially**