

Getting Past the Past

7.27.25

Why can't we move on?

1. We might not understand that Jesus paid it all.

1 Timothy 1:15 This saying is trustworthy and deserving of full acceptance: "Christ Jesus came into the world to save sinners"—and I am the worst of them.

Instead of trying to muster up self-forgiveness, put that energy into [preaching the gospel to yourself](#).

2. We have not tied up loose ends (In as much as is possible)

Acts 24:16 I always strive to have a clear conscience toward God and men.

3. We have not repented

I John 1:9 If we confess our sins, he is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.

Guilt is to the soul what pain is to the body" John MacArthur

And it's this God who never ever says, "Shame on you."

But only says, "Shame off you."

And wants that desperately for our lives. James Emory White

4. We have an unhelpful community

Galatians 6: Brothers and sisters, if someone is overtaken in any wrongdoing, you who are spiritual, restore such a person with a gentle spirit,^[a] watching out for yourselves so that you also won't be tempted. ² Carry one another's burdens; in this way you will fulfill the law of Christ.

5. We view God through a skewed lens

Luke 15: ²² "But the father told his servants, 'Quick! Bring out the best robe and put it on him; put a ring on his finger and sandals on his feet. ²³ Then bring the fattened calf and slaughter it, and let's celebrate with a feast, ²⁴ because this son of mine was dead and is alive again; he was lost and is found!' So they began to celebrate.

"The only one that dreaded the son coming home was the fatted calf." Jeff Foxworthy

Close:

Stephen Altrogge

"No matter what you've done in life, understand that the grace and love of Jesus is waiting for you with open arms. You don't need to reach a certain level of "goodness" before you can pray, walk into a church or even read your Bible. God will take you where you are, but he loves you too much to leave you that way. Remember, nobody is too broken for the grace of Jesus."