

The Beatitudes

03 - THE MEEK: OPEN HANDS IN A GRASPING WORLD

Name: _____ Date: _____ Passage: Matthew 5:5

CORE LESSON PRINCIPLE: Poverty of spirit recognizes the truth about our dependence; meekness expresses humble trust in the way we live. The future does not belong to the aggressive, but to the gentle and open-handed who receive the earth as an inheritance from the Father.

I. MEEKNESS IS FOR A WORLD WHERE THE WICKED APPEAR TO WIN (*Matthew 5:5; Psalm 37:1–11; Numbers 12:3*)

Jesus is quoting directly from _____, written for believers who watch evil people prosper. Meekness is tested when you are _____, and it is immense power under absolute _____ to God.

1. Strength Under Control: Why is biblical meekness strength harnessed under God's control rather than weakness or passivity? When you are crossed, misrepresented, or falsely accused, which of the world's weaponized tactics are you most tempted to use?

My Discovery & Reflections:

II. THE MEEK REFUSE TO SEIZE WHAT GOD HAS PROMISED TO GIVE (*Matthew 5:5*)

LISTENING AID: The violent _____, but the meek _____. An inheritance cannot be stolen or demanded; it is a gift bestowed by the Father.

There is a vast difference between faithful responsibility and anxious _____.

2. Clenched Fists vs. Open Hands: Why can an inheritance only be received and never seized? Where in your life are you currently operating with clenched fists instead of open hands?

My Discovery & Reflections:

III. JESUS DOESN'T JUST BLESS THE MEEK, HE'S THE MEEK KING (*Matthew 11:28–30; 21:1–5; 28:18; Zechariah 9:9*)

Jesus is lowly and _____ in heart. He entered Jerusalem on a _____,

refused Satan's shortcut to the throne, and the _____ is the ultimate demonstration of meekness.

3. Learning From the Meek King: What do the donkey, the refused shortcut, and the cross reveal about how Jesus uses His authority? Where are you weary from self-reliance or competition, and what would it look like to take His yoke instead?

My Discovery & Reflections:

IV. THE MEEK INHERIT BECAUSE GOD WILL NOT ABANDON HIS WORLD TO THE VIOLENT (*Romans 4:13; Daniel 7:13–14, 18, 27*)

The promise of inheriting the land expands to inheriting the _____. Evil's triumph is always _____; the future belongs to God and those who trust Him.

4. The Future Belongs to God: Why does God's promise of a renewed earth free us from needing to win now? Where are you rehearsing retaliation or holding a grudge rather than entrusting justice to God?

My Discovery & Reflections:

PERSONAL KINGDOM COMMITMENT

My Concrete Action Step: Where are you grasping because you are afraid of losing control, and what will you release into God's hands this week?

I will:

PRAYER: "King Jesus, You are lowly and humble in heart, and You hold my future. I open my hands before You today. I surrender my need for control, I yield my grievances, and I trust You to keep Your promise. Teach me to rest, serve, forgive, and wait. Amen."

Unless otherwise noted, all Scripture quotations are taken from the Christian Standard Bible®, Copyright © 2017 by Holman Bible Publishers. Used by permission. Christian Standard Bible® and CSB® are federally registered trademarks of Holman Bible Publishers.