

Christianity 101

How should we pray?

3.26.23

Part 3 Micah

Luke 11: He was praying in a certain place, and when he finished, one of his disciples said to him, "Lord, teach us to pray, just as John also taught his disciples."

I. Observations

--Jesus presented a model/template

--There is a right and a wrong way to pray!

Matthew 6: ⁵ "Whenever you pray, you must not be like the hypocrites, because they love to pray standing in the synagogues and on the street corners to be seen by people. Truly I tell you, they have their reward.

⁸ Don't be like them, because your Father knows the things you need before you ask him.

⁹ "Therefore, you should pray like this:

Our Father in heaven,
your name be honored as holy.

¹⁰ Your kingdom come.

Your will be done
on earth as it is in heaven.

¹¹ Give us today our daily bread.^[d]

¹² And forgive us our debts,
as we also have forgiven our debtors.

¹³ And do not bring us into^[e] temptation,
but deliver us from the evil one.^[f]

¹⁴ "For if you forgive others their offenses, your heavenly Father will forgive you as well. ¹⁵ But if you don't forgive others,^[g] your Father will not forgive your offenses.

II. How should we pray?

"C.P.A." MODEL FOR PRAYER

A. C=confession

Matt 6: ¹² And forgive us our debts,
as we also have forgiven our debtors.

1. What is confession?

**“to admit or declare one's self guilty of what one is accused of” Strongs
Concordance**

2. Why confession?

---Because sin hinders our prayers from being effective

Psalm 66:18 If I had been aware of malice in my heart,
the Lord would not have listened.

---Because sin hinders our relationship with God.

Ephesians 4: ³⁰ And don't grieve God's Holy Spirit. You were sealed by
himⁱⁿ for the day of redemption.

B. P=Praise and thanksgiving

Matt 6: ⁹ “Therefore, you should pray like this:

Our Father in heaven,
your name be honored as holy.

1. Take time to praise God for who He is!

Psalm 8:1 LORD, our Lord, how magnificent is your name throughout the earth!

Psalm 145:3 The LORD is great and is highly praised; his greatness is unsearchable.

2. Take time to thank God for his blessings

I Thess 5: ¹⁶ Rejoice always, ¹⁷ pray constantly, ¹⁸ give thanks in everything; for this is God's
will for you in Christ Jesus.

Rom 1:8-10 First, I thank my God through Jesus Christ for all of you
because the news of your faithⁱⁿ is being reported in all the world. ⁹ God is my

witness, whom I serve with my spirit in telling the good news about his Son—that I constantly mention you, ¹⁰ always asking in my prayers that if it is somehow in God's will, I may now at last succeed in coming to you.

C. A=ask

1. Ask on behalf of self (personal needs)

--Ask for daily necessities

Matt 6: ¹¹ Give us today our daily bread.

--Ask for Strength

John 17:1 Jesus spoke these things, looked up to heaven, and said, "Father, the hour has come. Glorify your Son so that the Son may glorify you,

--Ask for healing

II Cor 12:7 Therefore, so that I would not exalt myself, a thorn in the flesh was given to me, a messenger of Satan to torment me so that I would not exalt myself. ⁸ Concerning this, I pleaded with the Lord three times that it would leave me. ⁹ But he said to me, "My grace is sufficient for you, for my power is perfected in weakness."

--Ask for strength to conquer temptation

Matt 6: ¹³ And do not bring us into[Ⓜ] temptation, but deliver us from the evil one.[Ⓜ]

--Ask for wisdom

James 1: ⁵ Now if any of you lacks wisdom, he should ask God—who gives to all generously and ungrudgingly—and it will be given to him.

--Ask for Peace

Phil 4: ⁶ Don't worry about anything, but in everything, through prayer and petition with thanksgiving, present your requests to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus.

2. Ask on behalf of others (intercession)

John 17:9 "I pray[Ⓜ] for them. I am not praying for the world but for those you have given me, because they are yours.

20 "I pray not only for these, but also for those who believe in me through their word.

--Pray for the people God has placed in your life.

--Pray for spiritual change in others

Rom 10:1 Brothers and sisters, my heart's desire and prayer to God concerning them^[a] is for their salvation.

Eph 3:16 I pray that he may grant you, according to the riches of his glory, to be strengthened with power in your inner being through his Spirit,

III. Points to ponder

A. We should pray within the perimeters of God's will

Matt 6: ¹⁰ Your kingdom come.
Your will be done
on earth as it is in heaven.

B. We should avoid generalized prayers.

C. We should "PUSH"! (Pray until something happens)

Luke 18: Now he told them a parable on the need for them to pray always and not give up. ² "There was a judge in a certain town who didn't fear God or respect people. ³ And a widow in that town kept coming to him, saying, 'Give me justice against my adversary.'

⁴ "For a while he was unwilling, but later he said to himself, 'Even though I don't fear God or respect people, ⁵ yet because this widow keeps pestering me,^[a] I will give her justice, so that she doesn't wear me out^[b] by her persistent coming.'"

⁶ Then the Lord said, "Listen to what the unjust judge says. ⁷ Will not God grant justice to his elect who cry out to him day and night? Will he delay helping them?^[c] ⁸ I tell you that he will swiftly grant them justice. Nevertheless, when the Son of Man comes, will he find faith on earth?"

Close:

"Lord, teach us to pray"