

# New Year, New You – Week 2 Homework

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## Renouncing Counterfeits & Deception

This checklist is adapted from the full scope of Neil T. Anderson's \*Restored: Experience Life with Jesus\*. This is not meant to produce fear or condemnation. Simply check anything that applies—past or present. If something does not apply to you, skip it.

### COUNTERFEIT & SOURCE INVENTORY

Ask the Holy Spirit: (write on separate piece of paper) “Jesus, where have I looked to something other than You as my source?”

- When I feel anxious, overwhelmed, or afraid, what do I usually turn to first?
  - When I feel empty, lonely, or disconnected, what do I reach for?
  - When I feel uncertain about decisions or the future, whose voice do I trust most?
  - Are there any emotional, behavioral, or spiritual patterns I rely on instead of trusting God?
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### RENUNCIATION & TRUTH REPLACEMENT

Renunciation is alignment. Read the prayer below slowly. Pause when needed.

## Prayer of Renunciation

Father God, in the name of Jesus Christ, I come to You. Jesus, You are Lord of my life, and I belong to You. I confess that I have sometimes looked for guidance, comfort, identity, or control in (Name it) outside of You. Today I repent and turn away from every counterfeit and false source. In the name of Jesus, I renounce every agreement with lies, fear, shame, control, self-protection, and false identity. I close every door that has been opened through my choices, my pain, my past, or my family history. I declare Jesus Christ as Lord over my life, my mind, my body, my home, and my future. Holy Spirit, fill every place I have surrendered with Your truth, peace, and presence. In Jesus' name, Amen.

## Truth Replacement

Write on separate piece of paper:

- The lie I have believed:
- The truth from Scripture:

### COUNTERFEIT & OCCULT PRACTICES CHECKLIST

Check anything that applies to you or your family history. This includes past participation, experimentation, exposure, or curiosity.

- ☐ Astrology, horoscopes, zodiac signs
- ☐ Tarot cards, oracle cards, rune stones
- ☐ Palm reading, tea leaves, numerology
- ☐ Psychics, mediums, spirit guides
- ☐ Channeling or automatic writing
- ☐ Séances or attempting to contact the dead

- ☐ Ouija boards or occult games
- ☐ Witchcraft, spells, curses, hexes
- ☐ Sorcery, magic arts (white or black)
- ☐ New Age spirituality divorced from Jesus
- ☐ Manifestation practices replacing God with the universe or self
- ☐ Energy healing detached from Christ (reiki, chakra alignment, etc.)
- ☐ Crystals or objects used for spiritual power or protection
- ☐ Amulets, charms, talismans, or lucky objects
- ☐ Superstitions practiced for protection or luck
- ☐ Eastern meditation practices not centered on Christ
- ☐ Yoga or spiritual practices used for spiritual awakening apart from Christ
- ☐ False religious practices or syncretism
- ☐ Secret societies, cults, or occult organizations
- ☐ Spiritism or ancestral worship
- ☐ False prophecies or counterfeit revelation
- ☐ Family or cultural occult practices
- ☐ Occult books, movies, or materials used for spiritual curiosity
- ☐ Inner vows or pacts made in fear or trauma

- ☐ Blood oaths, dedications, or rituals

### **Prayer to Renounce Occult & Counterfeit Practices**

If you checked any of the above, pray this prayer for each item (I believe this is important):

“Father God, in the name of Jesus Christ, I confess that I have participated in \_\_\_\_\_, been exposed to, or been influenced by practices that are not from You.

I renounce \_\_\_\_\_ and every occult or counterfeit practice—known or unknown—that I or my family have participated in.

I break every agreement and cancel every influence associated with these practices.

I place the lordship of Jesus Christ over my life, mind, body, home, and family line.

I ask You to cleanse me by the blood of Jesus and fill me with the Holy Spirit.

I declare that Jesus alone is my source of truth, guidance, protection, and life.

In Jesus’ name, Amen.”

### **Daily Practice This Week**

- Read your truth statement aloud daily.
- Thank God for being your only source.
- When tempted to return to substitutes, return to Jesus in prayer.