



Title: Jesus, Lord of the Sabbath

Main Scripture: Mark 2:23-3:5

Sabbath is a gift from God.

(Mk 2:23-28)

Jesus is the author and fulfillment of Sabbath.

(Mk 3:1-5; Mt 12:7, 11-12; Lev 23:33-44, 25:2-7, 25:8)

Jesus is the source of Sabbath restoration and new creation.

(Jn 4:14, 6:35; Mt 11:28-30)

We experience Sabbath through:

- Putting our full trust in Jesus as our source of restoration.
- Setting time aside daily and weekly to meet with Jesus.
- Inviting others into the mercy and restoration we have received.

How to Become a Christian

1. Acknowledge that Jesus Christ is the only way to God and that you need Him in your life.

John 14:6, ... "*I [Jesus] am the way, the truth, and the life. No one can come to the Father except through me.*"

2. Be willing to turn from the things that God would not approve of as outlined in the Bible, and instead, decide to live according to His Word; honour Jesus Christ by how you live your life. (Repentance)

1 John 1:9, *If we confess our sins to him, he [God] is faithful and just to forgive us our sins and to cleanse us from all wickedness.*

3. Believe that Jesus Christ died for you on the cross and rose from the grave and accept His payment on your behalf.

John 3:16, *For God so loved the world that He gave his one and only Son, that whoever believes in Him shall not perish but have eternal life.*

4. Through prayer, invite Jesus Christ to come into your life. Expect the Holy Spirit to live with you, live in you and give you power to live His way.

This prayer enables you to live eternally with Christ in heaven.

Lord Jesus,

I know that I am a sinner and that I need Your forgiveness. I believe that You died for my sins and I trust in You alone for my salvation. I choose to turn away from the things in my life of which You don't approve and now surrender my life to You. I invite You to come and reign and rule in my heart and life and open my spirit. Establish Your presence within me. I want to know the power of the Holy Spirit working in me and live forever with You in the Kingdom of God. I choose to trust and follow You as my Lord and Saviour. Amen.