



Main Scripture: Hebrews 3:1-6, 11:23-29

## On Jesus.

(Col 3:2-3, Rom 12:2, Num 12:6-8, Heb 11:23-29, Deut 34:10-12)

## On Jesus only.

(Heb 3:2-3)

## On Jesus our hope.

(Heb 3:4-6, Ex 12:12-13)

## “Stay Focused” | October 30 & 31, 2021

The Small Group Sermon Study

Hebrews 3:1-6, 11:23-29



**Opening Prayer:** Father, in Jesus’ name, through the Holy Spirit, come and speak to us, teach us and transform us as we read, discuss and reflect on Your word.

**Icebreaker:** Would you describe yourself as easily distracted? What are some of your biggest (or favourite) distractions?

*Read the key passages of Scripture from the message and review the points from the sermon notes, then answer the following questions:*

1. Hebrews 3:1-6 tells us many things about Jesus and about God. What stands out to you and inspires awe of Him?
2. Pastor Rob highlights key aspects of staying focused.
  - a. On Jesus (Hebrews 3:1, Colossians 3:2-3, Romans 12:2)
    - What has been dominating your thoughts lately?
    - In what ways are you wandering back to old habits or unhealthy patterns of coping to deal with pain, stress or boredom?
  - b. On Jesus only (Hebrews 3:2-3)

“Jesus is to be the greatest love in our life that re-orders all other loves.”

    - How would you describe your love for Jesus right now?
    - How are the joys and/or challenges you are facing affecting your devotion to Him?
    - What are you doing well that is helping you stay focused on Jesus?
  - c. On Jesus our hope (Hebrews 3:4-6, Exodus 12:12-13)

“Trying harder is not going to save us.”

    - How are you relying on your own strength to see you through something you are facing?

### **Personal reflection:**

1. Spend a few minutes in listening prayer asking God the following:
  - “Jesus, what would You like to show me about Your love for me?”
  - “Jesus, is there something that I am doing or believing that is hurtful to You?”
  - “Jesus, what am I holding on to that I need to surrender to You?”
2. How will you respond to what God is showing you?

**Closing Prayer:** Spend time praying for one another (that we would grow in our love for God and others, that we would be transformed by what God has revealed, that we would be alert and obedient to God, etc.).