



Title: How's Your Contentment?

Main Scripture: Philippians 2:13-18

Stop living in the dark. (v 14)

(Jam 3:5, Ps 141:3)

- Grumbling (v 14)
- Arguing (v 14)

Get into the light. (vv 15-16)

- Blameless
- Pure
(Rom 16:19)
- Hold firmly to the Word of Christ.
(Ps 119:105, 11; Jam 1:22)

The Big Picture (vv 15-16)

How much light are you letting in?

1. How's my contentment?
2. Is there darkness that I'm living with presently?
3. What steps do I need to take to get back into the full light of God?

“How’s Your Contentment?” | February 24 & 25, 2024

Small Group Sermon Study | Philippians 2:13-18, John 1:4-5

Icebreaker:

- Have you ever made a bad purchase because you were missing vital information?

Read Philippians 2:13-18 and John 1:4-5 together. From these Scriptures and notes, from listening to the sermon, discuss the following:

- Take a moment of silence and ask the Holy Spirit to lead your thoughts. Share any thoughts or questions that come to mind from these passages and the sermon.
- “Jesus’ light will bring clarity ... and the darkness of this world is exposed.” What do the Scriptures and the sermon say about how Jesus’ light shines and exposes the darkness in us and in the world?
- There is a temptation to simply “see” what is wrong with the world and stop there. How might Christians not only “see” what is wrong, but also seek Jesus to transform and shine His light into our culture?

Personal Reflection:

- “Joy and rejoicing cannot co-exist with complaining, grumbling, slandering, arguing, and disputing.”
 - How are you doing in the area of complaining, grumbling, slandering, arguing, and disputing? How are you doing in the area of joy and rejoicing?
 - How will you invite God to set a guard over your mouth and keep watch over the door of your lips (Psalm 141:3-4)?
- How can you “hold firmly to the word of life” on a continual basis? Or how can you grow in this area?
- What do you need to ponder and continue to reflect on this week – a verse, phrase, word, or question? How will you act on what you’ve heard?

Prayer:

Take some time to lift each other up in prayer and then pray the following: Lord, You are our provision and our light, but so often we struggle to be content; forgetting to be thankful for all You have already done for us. Fill us with joy and contentment according to Your Word and steadfast love in Christ. Help us to learn to be content in any situation; humbled and changed by Jesus’ ultimate example of contentment, becoming poor in order that we could become rich. Amen.