



Title: Living with Confidence  
in a Troubled World

Main Scripture: Philippians 1:19-20

Paul's source of strength is:

### Prayer (v 19)

(Mk 1:3; Lk 6:12, 18:1; Mat 6:9, 5:44; Rom 12:12, 8:18; Jam 5:16, 4:2; 1 Thes 5:17; Col 4:2, 12; Eph 6:12, Ps 51:6, 130:1, 6:3, 10:1, 74, 2 Cor 4:8-10, Is 40:29-31)

### The Spirit of Jesus Christ (v 19)

#### *How to be filled with the Holy Spirit:*

- *Desire*  
(Mat 11:12)
- *Ask*  
(Lk 11:13)
- *Receive*
- *Obey*  
(Act 5:32)

Confidence from a healthy relationship with God  
(Act 16)

## All Kinds of Prayer at Heartland—November 2023

1. Night of Prayer—November 5: Spend time seeking God to heal, speak and help our church, the people in our community and the people we are trying to reach around the world.
2. Spiritual Warfare Bootcamp: A six-week Connex group focused on learning to pray in our authority in Christ. Two sessions done and four more left.
3. Hearing God Together—Sunday Night Prayer: Weekly prayer for Heartland beginning November 12.
4. Nights of Worship: Worship, prayer and seeking God with set-apart times of prayer that night.
5. Spiritual Warfare Prayer: Groups who use prayer and fight spiritual battles on behalf of the church.
6. Encounter God: Finding real freedom by prayerful releasing of past pain in many areas of life.
7. Personal Prayer Ministry: A unique time of healing prayer for the one person who has signed up. There is a trusted team of prayer leaders who invite the Lord to bring help to the painful roots in our past so that fresh freedom from God is released in the present. Many people have given up painful things that they thought they would take to the grave and then they experience new joy and freedom in their day-to-day lives.
8. Days of Prayer and Fasting—coming November 29-December 1: Fasting for three days and then breaking the fast together on Friday night with Night of Worship and great food!
9. After Service Prayer: At every weekend service, to pray for needs, healing, deliverance, etc.
10. Healing Prayer Nights: There are a number of testimonies of people being healed as they ask for Jesus to heal them as others pray for them.
11. Small Group Leader workshops and training to help you grow in praying.
12. Hearing God: A way to learn about how God still speaks today and how He wants to talk to us and guide us as we listen in prayer.
13. Intercession Prayer Group: A pleading in prayer for each.
14. Connex groups that learn about prayer and then practice praying for each other.
15. Small Group Prayer: Like a young-adult prayer group and a women-who-pray group.
16. 21 Hours of Prayer: People are invited to sign up for 30-minute time slots to seek God with needs for ourselves, other people in the church, community and the many needs in our world.
17. Prayer Walks—around Heartland and the Ardrossan property: To ask for God's blessings, protection, cleansing from evil, and provision for His wisdom and grace in the things that happen in those places.
18. Prayer Vigils: Praying around the clock for a set period of time to seek God for the people and ministry of Heartland.

# No Greater Joy: The Good News | November 4/5, 2023

Small Group Sermon Study | Philippians 1:19-20

**Prayer:** *God, we thank you for today. We thank you for the opportunity to be in Your presence with those here. We pray that through this time together that You would be glorified and praised in our study and conversation. Amen.*

**Read the key passage of Scripture Philippians 1:19-20. Take a few minutes to review the sermon notes, then answer the following questions:**

Pastor Al says, “there is something that we can learn about how to develop resilience that sustains us and gives us strength and peace regardless of our hardships and difficulties.” Paul reveals that the source of his strength, hope and joy is found in his intimate relationship with Jesus Christ.

1. What does an intimate prayer life look like? How did Jesus model this prayer life for us? Read Mark 1:3, Luke 6:12, Luke 18:1, Matthew 6:9.
2. What other aspects of prayer did you discover through the sermon? How have these points encouraged you? How have they challenged your thinking about prayer? What is the hardest thing about prayer for you?
3. Paul says his strength, maturity, joy and so much more comes from help given by the Spirit of Jesus Christ. What are these things that the Holy Spirit gives?
4. Being filled with the Spirit is not a passive activity but an active, engaged encounter. How do we become filled with the Holy Spirit? Do you ask to be filled on a regular basis?

**Personal Reflection and Prayer:** Take some time as a group to pray for each other. Pray for help to build an intimate prayer life. Pray for each other to be filled with the Holy Spirit.

Reflect on the following question:

- How is your balance between personal prayer and corporate prayer?

**Prayer:** *Close in prayer together, praying for yourself and for one another, asking God to strengthen you to love Him and each other more deeply. Ask the Lord to empower your actions as you leave today.*