



Main Scripture: Hebrews 11:29

Background
(Ex 3:9, 14:10-31)

Led by God

Faith in Numbers
(1 Cor 12:1-31, Rev 2-3)

Go by yourself; you may go fast. Go together; you'll go far.

How to Begin a Journey With God

1. Acknowledge that Jesus Christ is the only way to God and that you need Him in your life.

John 14:6, "*I [Jesus] am the way, the truth, and the life. No one can come to the Father except through me.*"

2. Be willing to turn from the things that God would not approve of as outlined in the Bible, and instead, decide to live according to His Word; honour Jesus Christ by how you live your life. (Repentance)

1 John 1:9, "*If we confess our sins to him, he [God] is faithful and just to forgive us our sins and to cleanse us from all wickedness.*"

3. Believe that Jesus Christ died for you on the cross and rose from the grave and accept His payment on your behalf.

John 3:16, "*For God so loved the world that He gave his one and only Son, that whoever believes in Him shall not perish but have eternal life.*"

4. Through prayer, invite Jesus Christ to come into your life. Expect the Holy Spirit to live with you, live in you and give you power to live His way.

This prayer enables you to live eternally with Christ in heaven.

Lord Jesus,

I know that I am a sinner and that I need Your forgiveness. I believe that You died for my sins and I trust in You alone for my salvation. I choose to turn away from the things in my life of which You don't approve and now surrender my life to You. I invite You to come and reign and rule in my heart and life and open my spirit. Establish Your presence within me. I want to know the power of the Holy Spirit working in me and live forever with You in the Kingdom of God. I choose to trust and follow You as my Lord and Saviour. Amen.

“Between a Rock and a Hard Place”

March 5 & 6, 2022

The Small Group Sermon Study
Hebrews 11:29 and the Book of Exodus

Prayer: Father, in Jesus’ name, through the Holy Spirit, come and speak to us, teach us and transform us as we read, discuss and reflect on Your word.

Icebreaker:

Have you ever had a situation happen where you needed to be rescued? How did you handle being dependent on someone else?

Reflect on the key points from the sermon.

1. **Background:** Take time to survey the story of God leading the Israelites out of Egypt in the Book of Exodus. Where did God show Himself faithful and where did the people have to have faith?
2. **Led by God:** God led the Israelites to a dead end (Red Sea) for a reason.
 - Have you ever been in a situation that felt like a dead end? How did you grow through it?
 - What do you think about these reasons for being between “a rock and a hard place”? Are these true? What would you change or add?
 - They drive us to our knees before God.
 - They seem to catch us at our weaker moments.
 - They keep us moving, growing in faith, rather than stagnating.
3. **Faith in Numbers:** What was important about the collective faith of the Israelites? Why is it important to live out your faith in community with others (1 Corinthians 12:12-27)?

Personal reflection: *Silently re-read the key passage(s) of Scripture from the sermon, asking the Holy Spirit to speak to you.*

- Think back over your life. What events serve to remind you of God’s faithfulness? How do they impact your faith for your current circumstances (or the future)?
- In what ways have you been led by the Holy Spirit lately?
- Where are you at with the church body these days? Is there anything keeping you from being a part of community?

Prayer: *Spend time praying for one another. Take some time to invite the Holy Spirit to search your heart and ask Him to highlight any area where you need an increase of faith. Take time to pray this for one another.*

Heartland *Pregnancy Care Centre* Shower 2022 Items List

Please bring all items by Sunday, March 27.

Client Needs

Walmart & Superstore Gift cards \$10-\$50

*** Always necessary especially due to the current economic downturn. ***

Gift cards can be placed in the lock box (beside Guest Services)
on weekends or items can be dropped off at the
Heartland front office (weekdays during office hours).

Bags/Items/Gift cards should be clearly labelled for the PCC.

Virtual Baby Bottle Drive

Online at www.pregnancycarecentre.ca

Click on EVENTS tab or click DONATE TODAY (purple button)

Click on BABY BOTTLE CAMPAIGN

New Baby Items

- 0-6 month sleepers/clothes
- Baby wash, lotion, shampoo
- Soothers & Teethers
- Formula
- Crib sheets/Bath towels
- Baby rattles, small toys/stuffies
- Baby bottles
- Diapers (all sizes)

Office Needs

- Hot chocolate
- Keurig coffee pods
- White sugar
- Coffee Mate
- Blue/Black/Red pens
- Blue Ikea bags (both sizes)
- Lysol spray & wipes
- Copy paper (letter & legal)
- Blue recycle bags
- Black garbage bags
- White trash can bags
- Toilet paper
- Paper towels

Volunteers

For volunteer opportunities contact PCC directly at 780-424-2624.

*For more information or to donate large items (ie: stroller, car seat, crib, etc.)
contact PCC directly.*