



Main Scripture: Hebrews 5:1-10

Jesus is our representative.

(2 Sam 7:14a, Ps 110:4, 1 Tim 2:5, Rom 3:23)

Jesus is our example.

(Jn 8:3-11, Matt 26:39, Phil 2:8)

Jesus is our source of eternal life.

“Jesus Our High Priest” | March 26 & 27, 2022

The Small Group Sermon Study

Hebrews 5:1-10

Prayer: *Father, in Jesus’ name, through the Holy Spirit, we invite you to come now. Speak to us, teach us and transform us as we read, discuss, and reflect on Your word. Amen.*

Icebreaker:

- Can you think of a time when someone was willing to step into your corner and help you?
- Are you able to recall a time when you were the one who stood up for someone?

Read Hebrews 5:1-10 together. From this Scripture and notes from listening to the sermon, discuss the following:

- Take a minute and then share any words, thoughts or pictures that these verses bring to mind.
- Jesus is fully God and fully human, and so He is our perfect representative and mediator. How does this impact your image of who Jesus is, and shape your relationship with Him?
- Jesus was gentle and merciful, being full of grace towards others. What are situations in which you need Jesus’ mercy for yourself? Where do you need to extend mercy to others?
- What additional questions do these sermons bring up for you?

Personal Reflection:

- Where is your relationship with Jesus right now? Is there anything that you need to bring to Him so that you might draw closer to Him today (1 John 1:9)?
- Jesus is the one and only source of eternal life (Hebrews 5:8-10). How are you seeking the eternal life that Jesus wants to pour into you? If you want more in your relationship with Jesus, contact one of the pastors for next steps at www.heartlandalliance.ca/our-team.
- What verse, phrase or word do you need to take with you this week? How will you act on what you’ve heard? Write this down and take it with you. When you meet next, share how it impacted you as you continued to ponder and act upon it.

Prayer: *Lord Jesus, our Representative, Example and Source of Eternal Life, Your way is perfect. You give us strength and train our hands for the tasks You have put before us. We are grateful that You lead our conversations in our time together. As we close, we pray for continued unity in our common purpose and the next steps we need to take. Give us clarity as individuals about what each of us needs to do in the days and weeks ahead. May our words and actions reflect Your gentleness and Your mercy more and more as we grow deeper in relationship with You, Jesus. Amen.*