



Title: GRADUATING IN GRATITUDE

Main Scripture: Philippians 1:3-6

LEVEL ONE GRATITUDE: I'm thankful for ... (vv 3-4)

God, I'm thankful for _____

LEVEL TWO GRATITUDE: I'm thankful even though ... (v 5)

(Ps 23:1-4, 1 Thes 5:18)

God, I'm thankful even though _____

LEVEL THREE GRATITUDE: I'm thankful because ... (v 6)

(Jam 1: 2-4)

God, I'm thankful because _____

Graduating in Gratitude | October 7-8, 2023

Small Group Sermon Study | Philippians 1:3-6

Prayer: *Father, we thank you for all you have done for us. We pray in Jesus' name that You would work in our hearts and minds today. Holy Spirit, we invite you to this place today as we read and discuss. We pray You would protect our hearts and our minds as we enter into this conversation today.*

Icebreaker: What is your favourite Thanksgiving memory you have? Or what is something you are thankful for this year?

Read the key passage(s) of Scripture from the message and review the sermon notes, then answer the following questions:

1. Pastor Rob shared the questions, “How do I know when I’m maturing in my faith? What does spiritual maturity look like?”
 - a. In your own life, what are some ways you can describe seeing this change happen?
 - b. How did you move from the “kids table” to the “adult table”?
2. In Philippians 1:4 it says, “...always in every prayer of mine for you all making my prayer with joy.” How often do you find yourself naturally turning to God with gratitude?
3. Pastor Rob asked the question, “How many of you are walking in blessings that used to be your prayer requests?” Take a moment to reflect on what blessings God has provided in your life in the past.
4. We can demonstrate joyful and grateful living when we thank God for what He is doing (even if we don’t know exactly what that might be or look like).
 - a. How can we apply this aspect of faith in our own lives when we feel uncertain in our lives?
5. How does gratitude and thankfulness in God inspire us to follow Him and grow in our relationship with Him?
 - a. In what ways have you personally experienced growth in your faith as you’ve walked with God in your life?

Silently re-read the key Scripture(s) from the message, asking the Holy Spirit to speak to you.

1. What emotions does this passage or key theme bring up in your heart? How will you manage those emotions as you carry on through your week?
2. What do you need to surrender to Jesus? How will you respond to what Jesus is showing you?
3. What word, phrase, verse, or challenge do you need to take with you this week? How will you act on what you’ve heard?

Personal Reflection and Prayer

Spend some time praying for one another. Pray that you would each know and savor the coming joy about who God is in your daily lives, even when you are struggling or are frustrated with the things of this earth. Pray that God will speak to you in those moments.

Prayer: *Close in prayer together, praying for yourself and for one another, asking God to strengthen you to love Him and each other more deeply. Ask the Lord to empower your actions as you leave today.*