# No Matter What Stay Focused

In an airplane, you need to be seated and buckled in during turbulence or you will be tossed around. In the same way, we need to be seated in Christ holding fast to Him if we are going to make it through our journey.

Abraham, Joseph, David, Jesus all needed to be fixed and fastened on the will of God in order for them to overcome the challenges and giants they faced.

In life, you will have turbulence. It can be bad. It can be crazy.

#### **Hebrews 12:2-3 TPT**

**2** We look away from the natural realm and we fasten our gaze onto Jesus who birthed faith within us and who leads us forward into faith's perfection. His example is this: Because his heart was focused on the joy of knowing that you would be his, he endured the agony of the cross and conquered its humiliation, and now sits exalted at the right hand of the throne of God! **3** So consider carefully how Jesus faced such intense opposition from sinners who opposed their own souls, so that you won't become worn down and cave in under life's pressures.

Our injuries don't come from the turbulence. They are the result of not being buckled up and connected to Christ.

People can experience the same "atmospheric conditions" and the difference in their experience is determined by whether or not they were buckled up and fastened in.

The atmosphere of the world belongs to the prince of the power of the air.

#### **Focus on Jesus**

If you focus on the devil you'll be in trouble.

If you focus on people you'll be in trouble. People can't help you. Only God is God.

#### **Focus on Listening**

John 10:27 NKJV

My sheep hear My voice, and I know them, and they follow Me.

We can learn to recognize the voice of God as He speaks to us just like we do those who are closest to us.

### **Focus on Obeying Him**

**Luke 6:46-49 NKJV** 

46 "But why do you call Me 'Lord, Lord,' and not do the things which I say? 47 Whoever comes to Me, and hears My sayings and does them, I will show you whom he is like: 48 He is like a man building a house, who dug deep and laid the foundation on the rock. And when the flood arose, the stream beat vehemently against that house, and could not shake it, for it was founded on the rock. 49 But he who heard and did nothing is like a man who built a house on the earth without a foundation, against which the stream beat vehemently; and immediately it fell. And the ruin of that house was great."

God is committed to speaking to us today but He is looking for us to put into practice what He told us yesterday. We must be doers of the Word, not hearers only (James 1:22).

## **Focus on Spiritual Disciplines**

Focus on building yourself up on spiritual disciplines. To build yourself up whether physically or intellectually you must have discipline.

Bodily discipline is good but for the moment. Spiritual discipline is for eternity (1 Timothy 4:8).

#### 2 Peter 1:5-10 TPT

5 So devote yourselves to lavishly supplementing your faith with goodness, and to goodness add understanding, 6 and to understanding add the strength of self-control, and to self-control add patient endurance, and to patient endurance add godliness, 7 and to godliness add mercy toward your brothers and sisters, and to mercy toward others add unending love. 8 Since these virtues are already planted deep within, and you possess them in abundant supply, they will keep you from being inactive or fruitless in your pursuit of knowing Jesus Christ more intimately. 9 But if anyone lacks these things, he is blind, constantly closing his eyes to the mysteries of our faith, and forgetting his innocence—for his past sins have been washed away. 10 For this reason, beloved ones, be eager to confirm and validate that God has invited you to salvation and claimed you as his own. If you do these things, you will never stumble.

People get "Hell insurance" at the altar and go back to their lives without supplementing it with godly virtues.

We don't like discipline, but we love its result.

## Focus on the Holy Spirit

Romans 8:14 CEV

Only those people who are led by God's Spirit are his children.

The Holy Spirit leads us and gives us supernatural powers we follow Him (cf. Acts 1:8). Our relationship with the Holy Spirit is vital.

We want to walk daily in relationship with God, the Holy Spirit.

## **Focus on Your Destiny**

Focus on your destiny and how far you've come from where you started.

Don't look at how far the goal is away from you, celebrate how far you have traveled toward it.

#### Philippians 3:12-13 TPT

12 I admit that I haven't yet acquired the absolute fullness that I'm pursuing, but I run with passion into his abundance so that I may reach the purpose that Jesus Christ has called me to fulfill and wants me to discover. 13 I don't depend on my own strength to accomplish this; however I do have one compelling focus: I forget all of the past as I fasten my heart to the future instead.

Whatever you are going through don't focus on the past and what could be or should be. Set your focus on what God has for you.

As long as we focus on Him, and keep moving, we will get to our destination.