

Week 9 – Gentleness

Small Group Discussion

Agenda:

(this is only a suggestion, your group may look different than this, do what works best for your group)

Welcome – Meet and Greet (5-10 minutes; *or longer if your group needs time to acclimate*)

Ice Breaker – Pick one or two questions below (10 minutes)

Highs/Lows – Spend some time processing people's week (15 Minutes)

(be sure to take notes here, this will give you opportunity to return to these answers during prayer time)

Discussion Questions – (20 minutes)

Ministry Time (5-10; take time to ask for prayer requests)

Ice Breaker: *(ask one or two of the ice breaker questions):*

1. What's one thing you'd like to do in life that feels overwhelming and you don't know where to start?
2. What celebrity do/did you shamelessly follow in the news/social media?
3. If you could have any pet in the world what animal would you bring home?

Introduction:

This week we continued the series on the "Fruit of the Spirit," which are found in Galatians chapter 5. This week we explored the idea of "Gentleness" and how this is an invitation to control the power of God in our lives. This is not weakness, but power given to God.

Discussion:

1. What stood out to you from the message this week?
2. As we talked about gentleness, we looked at how it is strength under control. What are some practical ways that this looks like in our lives?
3. The message listed several outcomes of gentleness. Is there a time that you have seen those outcomes in your life? Are there times when you have seen the opposite?
4. What are some ways that you need to bring your words, thoughts, reactions, and deeds under the control of God?
5. Was there anything that God spoke personally to you this week to change/think/experience?
6. How can we pray for you this week?

Prayer/Dismiss *(take time to pray specifically for any requests or needs, refer back to High's/Low's)*