



A DISCIPLE'S JOURNEY

WE EXIST TO MAKE DISCIPLES WHO MAKE DISCIPLES

Step 3

Regular Bible Reading

2 Timothy 3:16-17
Psalms 119:105

The Bible is the infallible Word of God. It is divinely inspired and is the truth, authority, and guide to live by. The Bible is comprised of 66 books, written on 3 continents, in 3 languages, by 40+ human authors over 1,500 years, and is still one seamless story given to us by God. The Bible is trustworthy. There are more ancient or biblical manuscripts of the Bible than any other source of literature. Ultimately, the Bible is alive.

For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. – Hebrews 4:12

God desires that we know Him and live our lives in a relationship with Him. He has given us the Bible, His Word, so that we can accomplish this. Regular Bible reading is a crucial step in The Disciple's Journey of faith. Just as we need physical nourishment to grow physically, we need the spiritual nourishment the Bible gives us to grow spiritually. We cannot know God as well if we are not in His Word, reading and studying what it tells us about Him. As the psalmist declares in Psalm 119:105, "Your word is a lamp for my feet, a light on my path." The Bible is a lamp that illuminates our paths, a guide by which we know God and His story, a map by which we might clearly see what it means to live in relationship with Him. The Bible is our compass of trust; we trust God and find the fullness of our joy in Him alone.

We should strive to be in the Bible every day. We need to be feasting on the Word of God, reading, and listening to it and memorizing it. The aim of this spiritual step is consistency as we submit our lives to what it says. There are a variety of plans you can start or resources you can use to get into the Word. We recommend the Gospel of John as a good starting point and YouVersion as a solid resource. The key is to regularly read the Bible. The idea of “regular” is not meant to be legalistic or to set up parameters that create a checklist of accomplishment; rather, it is about devoting time, energy, and focus to investing in your relationship with God and how He wants you to live.

As you read the Bible, there are three questions that can aid you in your study.

1. What does this passage of Scripture say about God?
2. What does this passage say about people?
3. How can I apply this passage to my life (with a command to obey, a sin to avoid, and a character to have)?

Read

All Scripture is God-breathed and is useful for teaching, rebuking, correcting, and training in righteousness, so that the servant of God may be thoroughly equipped for every good work.

- 2 Timothy 3:16-17

Reflect

1. In your own life, how would you describe your relationship with the Bible? (Consistent/inconsistent, excited/apathetic, etc.)
2. What are some of the benefits of Scripture listed in this passage? What is the end goal of these benefits?

Read

For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

- Hebrews 4:12

Reflect

1. What does it mean that God's word is living and active?
2. The Word of God is not cold, detached, null, or void. It cuts to the bone; it is capable of discerning our thoughts and intentions. The Word of God exposes us. We cannot hide from it. This is a GOOD thing.
3. What will you do to increase your intake of the Bible? How will you incorporate this spiritual step into your weekly rhythms?

