

# WEEK 3

## WORSHIP

### WARMUP

*How did your reps go last week? Was there anything particularly encouraging or challenging about them to share?*

*What would it look like to cultivate community more frequently in your life?*

*This week's discipline is on worship, specifically as a body of believers.*

- How would you define worship?
- What have been some of the defining characteristics of corporate worship that you have experienced?

### WATCH

*As a group, watch this week's video: Worship.*

### WORKOUT

*Read Psalm 34:1-10*

- Who do we worship? Why? Personalize this. Why do you worship God?
- What are the dangers of misplaced worship? How can you know if you have misplaced your worship or worshipped things other than God?
- Read Psalm 100:1-5
- Who does the psalmist call to worship?
- What does this passage tell you about God?

*Read John 4:19-24*

- What does it mean to worship in spirit and truth?
- What obstacles sometimes hinder your worship?
- What would your worship look like if you attended a different service than your norm or a service without instruments?

### PRAY

*Pray that the church would worship in spirit and truth. Pray for our worship leaders and those who lead the congregation each week. Pray that praise would continually be on our lips. Pray that we would exalt Him alone.*

### REPS

*Memorize Psalm 100:1-3*

*Prioritize the weekly worship gathering. Strive to participate in the corporate worship service for the next 4 weeks in a row.*

*Compile songs for a personal worship setlist. Spend time this week listening to the music and lyrics of these songs as they lead you before the throne of your God.*

*Consider and reflect on what are the essential elements of worship and a church worship service.*