

WEEK 2

COMMUNITY

WARMUP

The Crossfit model is a great example for what our reps are all about. In Crossfit, you aren't competing against other people but against yourself; you're always pushing for your own personal record. Last week, we asked you to assess where you are currently at in regards to several spiritual disciplines.

How did the assessment go? Where are some areas where you would say that you are weak or would need reps? What are some of the areas in which you are strong?

Enjoy your time together, using this week's video and workout as an opportunity for greater discussion during and after your meal.

WATCH

As a group, watch this week's video: Community.

WORKOUT

- Read Acts 2:42-47
 - What qualities and characteristics do you see in the fellowship of believers?
 - What does it mean to have "all things in common"? What could that look like in the Church today?
 - What is the result of God's people living in close community together?
- Read 1 Corinthians 12:26-27.*
- What is taking place in this passage? (feel free to read all of chapter 12 if needed)
 - What does it look like for you to live out these things within your city?
 - How can you build this attitude and mindset within your group? What are some things you would need to implement and what are aspects you would need to change?

PRAY

As a group, spend time praying for one another by name. Pray for any specific needs or requests that are present within your group. Pray for blessing, provision, and protection over the members of your group.

REPS

Invite someone into your home this week for a meal or a shared activity or invite someone to join you in something that is already on your schedule.

Take a few minutes, personally, to reflect and jot down the answers to these questions:

- Who are people that I can invite into my community of faith?
- What is scary or intimidating to me about biblical community?
- How can I intentionally cultivate a mindset of humility and looking after the needs of others?