

WORKOUT

Read John 2:1-12

- What's the main point of this passage? What is it teaching us about celebration?
- What are things that we celebrate in our culture? What are things you celebrate in your family? What are specific seasons, events, or holidays that the Church celebrates?
- How can you more intentionally cultivate celebration into your life, your small group, the Church?

PRAY

Spend time in prayer, thanking God for His many blessings and thanksgivings. Pray for some of the milestones that your group members have experienced these past ten weeks. Pray over upcoming celebrations and joyous occasions.

REPS

Spend time this week celebrating what God has done in your life. Consider people you are thankful for and who have invested in you or people who have recently achieved milestones that you want to celebrate. Let them know what a joy they are to your life and celebrate their accomplishments and achievements in a meaningful way.



REASSESSMENT

Look back at week one and assess where you're at after the 10 weeks.

This week, take some time to honestly/privately/individually assess where you are with spiritual disciplines. On a 0-10 scale (0 = Never done this and 10 = Do daily) assess how often you participate in the below spiritual disciplines.

- Community
- Worship
- The Word
- Prayer
- Fasting
- Service
- Silence
- Sabbath
- Celebration

Have you seen gains?

What is something the Lord has shown you or grown you in through this series?

What will you do to keep practicing and incorporating these disciplines into your life? Are there any other disciplines you are wanting to include?