

HERE AS IN HEAVEN

Lead Us Not Into Temptation

March 8, 2026

1. Pastor Troy described temptation as testing, trying, and “putting to proof,” & showed how we often grumble, blame God, or give in. How would you now define temptation, and how does that compare to what you’ve believed before? Where do you think your original understanding came from (family, church, culture, media, personal experience)?
2. How do you usually recognize that you are being tempted? When it shows up, are you more likely to “flee” (run toward God and away from the situation) or “flirt” (entertain it, think about it, maybe move toward it)? Give a recent example, and describe your typical pattern: how do you identify temptation, and what do you normally do next? Why do you think you respond that way?
3. Read Matthew 4. Where do you see “not God” options being offered to Jesus—good-looking alternatives that are actually outside the Father’s will? What specific strategies does Jesus use to resist temptation, & how does this shape your own resistance? In what ways do these verses affirm or challenge your current beliefs in the day to day choices?
4. Read Exodus 16:1–3. What do you notice about the people’s grumbling and complaining—what are they really saying about God and His character? How is grumbling connected to both sin and temptation (for example, how might complaining make it easier to distrust God or choose “not God” options)? Share an example of how complaining has affected your own heart or decisions.
5. Think about a real or hypothetical situation where you are facing temptation. Work through these three questions together (share as much as you feel comfortable):
 - What do I feel? What emotions am I experiencing in this situation? Am I reacting quickly without thinking, or hardly noticing what’s going on inside me? What thoughts am I rehearsing?
 - What do I fear? What consequences or outcomes am I imagining? Am I more focused on possible benefits or on the cost of disobedience?
 - What is being formed? If God can use temptation as a test, how might He be working in me through it? What character, trust, or obedience might He be forming as I walk through this?

