

**WORKING TO FIND REST
A SABBATH GUIDE FOR KINGDOM WORKERS**

STUDY # 11 “WHAT THE LORD SAYS ABOUT HIS SABBATH”

Sabbath Quote: “Before you can keep a Sabbath day, we need to cultivate a Sabbath heart.” CODAR manual

REVIEW/INTRODUCTION

- Psa. 62 “TIS with ‘ak” when things are not under our control we know things are never not under His control
- today: what the Lord says about His Sabbath in Mk. 2

**GRAIN FIELD CONTROVERSY
MARK 2:23-28**

serious controversy

circumcision and Sabbath = defined Jews and set them apart from rest of the world;
Sabbath = symbol of the covenant with their God

39 times “labor” occurs --- 39 categories or classes of work that when done on Sabbath profaned it

Why are Jesus and His men profaning the Sabbath?

WHAT DOES 1 SAM. 21 HAVE TO DO WITH THE GRAIN FIELD CONTROVERSY?

excuse or precedent?

THE LORD’S SABBATH ACTIONS

context for this Sabbath breaking

Mk. 1:1, 15

Mk. 3:26-27, Lk. 11:20-22

Rev. 1:10

IRONY : SABBATH-KEEPERS AND SABBATH-BREAKERS AND THE MESSIAH

keep the sabbath . . . Messiah will come

our Sabbath-breaking . . . reason the Messiah came

we are designed for Sabbath

we need to be delivered to experience Sabbath

we are promised Sabbath because of Christ's work

we will perfectly experience Sabbath rest forever

WHAT DOES SABBATH MEAN FOR US AS WE LIVE BETWEEN THE FIRST SABBATH AND THE EVERLASTING LAST SABBATH?

the "lazy thing" for us is to be too busy

is it quality of our work that determines our rest or quality of our rest that determines our work?

want to be like Piglet . . . very small heart but it could hold a rather large amount of gratitude

TAKE TIME TO WORK ON REFLECTION

1. Personally respond to the idea that we are . . .

- **designed** for Sabbath
- need to be **delivered** to experience Sabbath
- **promised** Sabbath and
- **will fully experience** Sabbath