

**WORKING TO FIND REST  
A SABBATH GUIDE FOR KINGDOM WORKERS  
STUDY # 7 “A CASE STUDY . . . JACOB” (PANIC ABOUT PROVISION)**

**INTRODUCTION**

- the fight of his life . . . and ours

**JACOB . . . HIS OWN BEST PROVIDER  
Genesis 25-35**

- entered life as determined, self-providing “grabber”
- lived life as he entered it; “wrestling” and trying to win

**JACOB’S BELOVED ENEMY**

LORD against him or for him? Yes

Jacob . . . I am my name

LORD . . . I am my Name too

**THE LOSER WITH A WINNER’S LIMP**

the LORD “grabbed” the grabber and gave him a new name

world = physical expression of God’s **hesed**

Jacob’s limp = a physical expression of the LORD’s **hesed** cf. Gn.28:15, Phil 1:9, Psa. 73:23-24

## THE RESTLESSNESS OF WORRY

### Matthew 6:25-33

context

don't be anxious?! "Anxiety and distress interrupted occasionally by pleasure is the normal course of man's existence" Krutch

"a fortiori" arguments --- if this is true, how much more is this true

derivation of "ambition" = walking about trying to distinguish ourselves, secure the favor/"votes" of others and "win" their approval and acceptance; that is a "recipe" for anxiety and worry

if I don't trust Him I will worry . . . there are so many very good reasons to worry and only **ONE** to not worry

### WORKING TO FIND REST

Sabbath = work at remembering Who God is, seek (present imperative) His Kingdom

cares of the world choke His Word, can we spend time choking what chokes His Word . . . we need the Sabbath!

### TIME TO WORK ON REFLECTION

1. What do you find personally encouraging in thinking about "the God of Jacob" being **your** God?
2. Do you think our "watching world" has seen in the people of God an ability to rest in our restless world? That ability would stand out and be noticeable I would think and part of our gospel witness but how?