

**WORKING TO FIND REST
A SABBATH GUIDE FOR KINGDOM WORKERS
STUDY # 6 “THE REST OF RESCUE: SABBATH AND THE SAVIOR”**

Sabbath Quote: “The Sabbath undermines our grand and pathetic notions that we are god, and gives us real rest in the true God.” Paul Maxwell

REVIEW/INTRODUCTION

- our hearts no longer trust His heart
- we live grown up versions of “me do it!”
- now look for the goodness and glory of our Rescuer/Savior as well as Creator/Provider

Hopkins, “God’s Grandeur” again dealing with our deafness to what God is “saying” in creation . . .

God's Grandeur

The world is charged with the grandeur of God.
It will flame out, like shining from shook foil;
It gathers to a greatness, like the ooze of oil
Crushed. Why do men then now not reck his rod?
Generations have trod, have trod, have trod;
And all is seared with trade; bleared, smeared with toil;
And wears man's smudge and shares man's smell: the soil
Is bare now, nor can foot feel, being shod.

And for all this, nature is never spent;
There lives the dearest freshness deep down things;
And though the last lights off the black West went
Oh, morning, at the brown brink eastward, springs —
Because the Holy Ghost over the bent
World broods with warm breast and with ah! bright wings.

PROLOGUE/PREAMBLE TO THE COMMANDMENTS
Exodus 20:1-2 Deut. 5:6

it doesn't start with "we the people . . ." does it?

This is Who **He is** and what **He has done** comes before what **we do**; order is --- God, redemption, holy living

Ex. 31:12-17

Sabbath = time and way to help remember who they were and Whose they were

"first" exodus pointed to the "last exodus" Lk. 9:31

our very real bondage . . . Augustine: "I was held before conversion not with an iron chain but with the obstinacy of mine own will."

"In creation, God gave us ourselves, in redemption, he gave us himself. By creation, we have life in Adam; by redemption, we have life in Christ. Col. 3:3. By creation, we had a right to an earthly paradise: by redemption, we have a title to a heavenly kingdom. Christ might well change the seventh day of the week into the first, as it puts us in mind of our redemption, which is a more glorious work than creation." (Watson, The Ten Commandments, p.96)

celebrate this on the first day of the week; day of Christ's resurrection and validation of all His work

Neh. 13:15-22

so soon after the Exile they are doing what had brought on the Exile cf. Ezek. 20:12-2

TIME TO WORK ON REFLECTION

1. Have you ever been aware of trying to keep the commandments without their preamble or changing the "gospel order?"
2. Have we ever asked the LORD to point out our "puffiness" or the yeast of the Pharisees and Sadducees in our hearts?
3. Would you accept the challenge to spend some time today, before you go to bed tonight, thinking about the personal "exodus" and rescue the LORD has accomplished in your life as part of keeping this Sabbath?