

Administrative Notes

Not every class has a handout, and some classes could have two or more handouts. For this reason, handouts are numbered sequentially by handout number in the order received. These numbers will not likely match the lecture/class number. Some classes will have no handouts at all, so for those classes only the audio file will be posted.

In order to conserve space on the host computer and time required to upload files to the host, audio files are in MP3 format with a single channel of audio (i.e., monaural).

There are two ways you may deal with these MP3 files:

- To listen to an MP3 file directly from your computer, simply click on the named file.
- MP3 files are also suitable to be downloaded to your computer, and from there can be copied to a personal MP3 file player such as an iPod. After downloading an MP3 file to your computer, you can use the computer to play the file as well.

If you choose to download an audio file, it will depend on the type of computer you are using:

- PC-type computer. Right click on the MP3 file name. Then after choosing where you want the downloaded file to be stored, click on your choice and the file will be downloaded.
- Apple/Mac computer. Hold down the Control Key (just as you would the Shift Key to make a capital letter), then click on the MP3 file name. Then after choosing where you want the downloaded file to be stored, click on your choice and the file will be downloaded.

WORKING TO FIND REST.... A SABBATH GUIDE FOR KINGDOM WORKERS

Westminster Sunday School, March - May 2015

March 8 # 1 "An Introduction to Sabbath-Keeping" Ex. 20 Dt. 5

March 15 # 2 "Sabbath and Eden" Gn. 2 Psa. 19:1-4

March 22 # 3 "Sabbath, Listening to What Creation Says About its Maker"
Rom. 1:18-23

March 29 # 4 "The Beginning of Sabbath Breaking" Gn. 3 Nu. 15:32-36

April 5 # 5 "Sabbath, East of Eden" Eccl. 2:4-11 Rom. 8:20

April 12 # 6 "The Rest of Rescue: Sabbath and the Savior" Ex. 20: 1-2, Dt. 5:6
Ex. 31: 12-17

April 19 # 7 "A Case Study . . . Jacob" (Panic about Provision) Gn. 25-35
Mt. 6:25-33

April 26 # 8 "A Case Study . . . Saul" (Panic about Righteousness) Nu. 25
Acts 9

May 3 # 9 "There is Rest!" Psa. 95:1-7 Heb. 3:7 - 4:13

May 10 # 10 "Finding Rest in Sovereignty" Psa. 62

May 17 # 11 "Sabbath --- Time to Remember, Re-center on our Creator/Savior"

May 24 # 12 "Wrap Up . . . Applications Shared"