



## Message Questions

Week 1  
8/1/23

Can you think of a song that awakens your memories and transports you back to a moment in your life? What is the song and what is the moment?

Q1

On a scale from 0-10, how much overthinking do you do? What does that overthinking produce in your life?

Q2

How aware are you of the broken-soundtracks that hide, camouflaged amongst your half-a-million thoughts a week? How do these soundtracks impact your life?

Q3

If you could identify one broken-soundtrack, what does it sound like? Where does it get its power and how does it impact your life?

Q4