



(Q1

Have you ever been faked or swindled by someone? What's your story?

**Q**2

How has the technology of the new synthetic reality' made relationships better for you? How has it diluted relationships for you?

**Q3**)

Has anyone in your life practiced out honouring you? What was that experience like? Have you withdrawn from the 'out honouring competition' or are you fully engaged in this challenge?

**Q4** 

What have you learnt about 'relational laxatives' and 'getting what's on the inside out'? What advice would you pass on to others?