





What was stirred in your heart as you heard the story of Momofuku Ando and ramen noodles?

Q2

Out of the four virtue-elements we've studied so far, which do you feel you need most right now: Virtue ('courageous moral excellence')?

Knowledge ('intimately knowing God')?
Self-control ('dominion over your desires and actions')? Perseverance ('remaining under something difficult without leaving)? Why?

Q3

Po you have a personal story of God using a tension, trail, trouble or tragedy to iron out the wrinkles in your life?

Q4)

Are you better at 'persevering' or 'giving up'? Is God calling you to persevere in a specific situation right now? What is it?