

**WEEK** ↗  
11/06/23



- 1. When you think about prayer what picture comes to your mind?**
- 2. Have you ever been in a position where you didn't feel like praying, but knew that you needed to? Discuss in your Life group why you did not want to pray. If you did pray what caused you to?**
- 3. God pursues after our prayers. God wants to hear your prayers! How does this make you feel?**
- 4. Read Jonah 2:7-10, and share what encourages or challenges you?**
- 5. What is one action step that you can take this week to enhance your own prayer life?**