

Household of Faith
Part 5: Making Progress
LG Discussion
5/16/21

Ice Breaker

What is your favorite form of exercise?

Walking is progress; taking a step in the right direction. The Bible refers to the Christian life as a walk. It's a simple way to look at our Christian experience. Walking is growth and development. One step at a time, going forward in the Holy Spirit.

The Apostle Paul gives a powerful picture between the old life and the new life with two powerful lists in this section of Galatians. It's very clear that we are in a spiritual battle. The flesh wars against the spirit. We are foolish to think of it as any less than a great struggle.

Key Scriptures: *Galatians 5:16-25, Romans 7:5-6, John 3:30*

1. Re-read **Galatians 5:17-18**. What were some of the 'new desires' the Holy Spirit started to give you early on in your relationship with Jesus? Discuss what some of them were and how it felt when you realized it was Christ in you doing it.
2. Have you ever experienced a time in your Christian walk that you got discouraged and some of your old attitudes, habits, or behaviors crept back into your life? As you look back now can you describe what that felt like? Do you remember the way God responded to you at that time?
3. Re-read **Galatians 5:22-23**. These fruits of the Spirit actually begin as attitudes. Attitudes turn into actions. These fruits also come as a bouquet. Picture God handing you a bouquet of spiritual fruits; they are all yours. Over time they will all grow in depth of meaning and practice. The Holy Spirit will never tell you to slow down in your development of the fruits of the Spirit, and as a result you will experience in a decreasing amount the sins of the flesh described in this passage of scripture.
4. Can you share with the group in your own words how these fruits of the Spirit have grown stronger in your walk? Maybe give an example based on one of them have you have experienced victory in your life.

Next Step

What is your next step in your walk as a Christian? Have you considered involvement at church? Taking the online Growth Track course or joining the Dream Team? Or, is your next step more personal in nature? Maybe stopping an old attitude, habit, or behavior. Or, being more intentional in your awareness of the fruits of the Spirit so they will grow. Whatever it is take that next step now in your heart and make the commitment to allow the change to take hold.

Pray

Pray for each other to be bold and courageous as your pursue a more vibrant walk in the Holy Spirit. Pray for our Serve Day coming up on Sunday, May 30th. Pray for the church to be strong in sharing the Good News on the Space Coast.

Memory Verse

Galatians 5:22-23