

MOMENTUM

Dear Life Group Leaders,

This week we begin a new series of messages and studies entitled, Momentum. In this series we'll discuss God's guidance and direction as it relates to stewarding our lives and possessions. I am specifically praying for renewed joy, encouragement, and peace to rise in peoples lives. The best is yet to come.

Thank you for leading strong with me!

**All the best,
Pastor Ryan**

ICEBREAKER

As your group time begins, use this section to introduce the topic in a light way.

- Everyone write down a personal definition to the word MOMENTUM and then share them with the group.

Today we'll be discussing the idea of stewardship and how to cultivate a momentum that leads to peace and fulfillment with the things we own and the things we don't. Begin by reading together these scripture passages. **1 Timothy 6: 5-10; Ecclesiastes 5: 10-12; Psalm 62: 5-10**

DISCUSSION

1. What did you enjoy about the message this week?

2. Pastor Ryan shared that 70% of Americans live paycheck to paycheck. He also noted that from an internal study done at Central Life Church in 2018 - 84% of attenders are carrying some form of consumer debt. Should these realities be accepted as a normal part of life or do you think there is a better way with our money and possessions?

3. In **1 Timothy 6**, we learn that those who become too eager for money are on a pathway towards grief. When have you had an experience like this? What did you learn? What did

you change? How would you help someone in this kind of position?

4. **1 Timothy 6: 8** is a baseline decision Paul gives to Timothy. Saying, "we will be content with clothes on our back and food on our table." Do you think it is good as a family/individual to contemplate and choose a baseline like this? If you did, what do you imagine it would take for you to be content?

5. Solomon writes in **Ecclesiastes 5: 10- 12** that "more money" does not produce the happiness that he hoped. What about this passage is especially helpful? How does it make you feel knowing the battle of contentment is not new to us but thousands of years old?

6. Pastor Ryan mentioned that recovery in finance takes time, but peace can happen in a moment. With this in mind, what portion is most comforting from **Psalms 62: 5-10**?

NEXT STEP

Setting our hearts on the heart of God is the first step in experiencing peace. God's heart is revealed to us in many ways, to include:

- God is a giver. [**Acts 20: 35**]
- God loves people more than things. [**Luke 16: 9-13**]
- God wants eternity with you. [**Colossians 3: 1-2**]

Spend a few minutes defining potential next steps with these Godly attributes in mind. Ask the Holy Spirit for clarity about what to do next.

PRAY

Look forward and pray together about the week ahead. Ask the Lord to give us fresh eyes to see those who are yet to experience a relationship with Him. Pray that our church services and lives would be filled with many who repent and return to Christ. Pray that our King Jesus would be honored through the worship of the Central Life Family.

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