



Dear Life Group Leaders,

Once a year I present to our church family a series of messages and Life Group studies on the topic of relationships. We cover everything from singleness, sex, romance, and marriage. This week we begin a brand new series aimed to do just that. It's called, "Swipe Right". We are believing that through the weeks of this series that God will help you to: *regret proof your marriage bed and your death bed.*

What an amazing outcome that would be! Thank you for serving and loving people as they journey with Jesus.

**Much love,
Pastor Ryan**

Swipe Right - Part 1

Water Everywhere And Not A Drop To Drink

Core Message: The fierce thirst of the Israelites in the wilderness was only met with bitter and salty water, a startlingly accurate picture of what is all around us today when it comes to sex and relationships. See how God can make what was bitter sweet again.

Icebreaker: *If you could describe yourself as one type of fruit, what would it be and why?*

Read together: ***Exodus 15:22-26, Exodus 2:12, Genesis 2:24, Proverbs 4:23, John 4:13-14***

DISCUSS

1. GOD WANTS YOU TO HAVE AMAZING SEX: ***Genesis 2:24*** tells us God's plan for our sex lives, 1 man and 1 woman coming together for a life long covenant.

- God wants you to have amazing sex. How is this concept different from what you might have learned from the Church in the past?

- God wants you to have amazing sex. What have you heard or seen that gives you the impression that he doesn't? i.e. Parents, teachers, rules, etc...
- What are some differences between what God says about sex and what our culture says about it?
- Whether you're married, dating, or single, how can you work to protect your marriage bed?

2. SEX ISN'T JUST PLEASURABLE BUT POWERFUL: Sex and romance are not peripheral but have life and death power.

- All powerful things come with a proper way to be used. Why do you think we tend to disregard God's instructions for sex?
- Its loving to be told how to use something if the misuse of it could hurt you. Have you experienced a time when the power of sex or relationships took you down a dangerous path?
- How can applying God's instructions about sex benefit your life?
- What are some ways you can protect the power of sex INSIDE your marriage?

3. THE PROBLEM ISN'T HAVING A SEX DRIVE BUT LETTING SEX DRIVE: It's easy to take for granted what you have a lot of.

- Nothing has changed about sex, just our attitude toward it. What are some ways you can cultivate a proper attitude toward sex?
- For every desire we have, there is a righteous way to fulfill it. What are some ways that you can fight to keep the righteous way in perspective and not have the worlds view cloud your judgement?
- Do you think there's a danger that our marriages can become like the pineapple- once cherished and honored but now simply routine? How can we protect our marriages against this?

4. THE CROSS CAN MAKE WHAT WAS BITTER SWEET AGAIN: Ultimately what we are looking for in the empty wells of this world is what can only be found in a relationship with Jesus.

- We know grace is not a pass to do whatever we want, but how can you give grace to yourself and others for mistakes in the past?
- Are there things in your life you're holding onto even though they're leaving a bitter taste in your mouth? What practical steps can you take to release those things at the cross and allow Jesus's sweetness in your life?
- How do we help speak into the lives of those around us who don't see sex for what it really is?

NEXT STEPS

We can combat this sex saturated culture by living carefully and intentionally while keeping our hearts set on heaven. What is one step you can take this week to start living a more careful and intentional life?

PRAY

Spend time in prayer for all of your group members. You can do this all together as a large group or by breaking into pairs.

(SINGLES) Pray for your future spouse, and that you would both now be fighting to swipe right to protect your relationship to come.

(MARRIED) Pray that God will help you to cherish and protect your marriage bed.

(PARENTS) Pray for your children and grandchildren.

(EVERYONE) Pray for strength to display honor in your own life and for wisdom and integrity to inspire the attitudes of others to treasure sex for the gift that it is and not treat it as the pineapple who's value decreased when its availability increased.

Also, encourage everyone to pray for those who God would want them to bring back with them for part 2 of Swipe Right.

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