GOD WITH US: WHEN TIMES ARE BAD Psalm 22 CSB

 God is with us so we should be <u>HONEST</u> before Him. (Vs 1-2) My God, my God, why have you abandoned me? Why are you so far from my deliverance and from my words of groaning? ²My God, I cry by day, but you do not answer, by night, yet I have no rest.

Psalm 22:1-2 (CSB)

About three in the afternoon Jesus cried out with a loud voice, "Elí, Elí, lemá sabachtháni?" that is, "My God, my God, why have you abandoned me?" Matthew 27:46 (CSB)

2. God is with us so we should be <u>HUMBLE</u> before Him. (Vs 3-10, 12-18)

But you are holy, enthroned on the praises of Israel. ⁴Our ancestors trusted in you; they trusted, and you rescued them. ⁵They cried to you and were set free; they trusted in you and were not disgraced. ⁶But I am worm and not a man, scorned by mankind and despised by people. ⁷Everyone who sees me mocks me; they sneer and shake their heads: ⁸"He relies on the LORD; let him save him; let the LORD rescue him, since he takes pleasure in him." ⁹It was you who brought me out of the womb, making me secure at my mother's breast. ¹⁰I was given over to you at birth; you have been my God from my mother's womb.

Psalm 22:3-10 (CSB)

Many bulls surround me; strong ones of Bashan encircle me. ¹³They open their mouths against me—lions, mauling and roaring. ¹⁴I am poured out like water, and all my bones are disjointed; my heart is like wax, melting within me. ¹⁵My strength is dried up like baked clay; my tongue sticks to the roof of my mouth. You put me into the dust of death. ¹⁶For dogs have surrounded me; a gang of evildoers has closed in on me; they pierced my hands and my feet. ¹⁷I can count all my bones; people look and stare at me. ¹⁸They divided my garments among themselves, and they cast lots for my clothing. Psalm 22:12-18 (CSB)

Adopt the same attitude as that of Christ Jesus, ⁶who, existing in the form of God, did not consider equality with God as something to be exploited. ⁷Instead he emptied himself by assuming the form of a servant, taking on the likeness of humanity. And when he had come as a man, ⁸he humbled himself by becoming obedient to the point of death—even to death on a cross. ⁹For this reason God highly exalted him and gave him the name that is above every name, ¹⁰so that at the name of Jesus every knee will bow—in heaven and on earth and under the earth—¹¹and every tongue will confess that Jesus Christ is Lord, to the glory of God the Father.

Philippians 2:5-11 (CSB)

• One of the reasons we don't suffer well is that deep down inside we believe that we deserve better.

No temptation has come upon you except what is common to humanity. But God is faithful; he will not allow you to be tempted beyond what you are able, but with the temptation he will also provide the way out so that you may be able to bear it. 1 Corinthians 10:13 (CSB)

3. God is with us so we should ask Him for <u>HELP</u>. (Vs 11, 19-22) Don't be far from me, because distress is near and there's no one to help. Psalm 22:11 (CSB)

But you, LORD, don't be far away. My strength, come quickly to help me. ²⁰Rescue my life from the sword, my only life from the power of these dogs. ²¹Save me from the lion's mouth, from the horns of wild oxen. You answered me! ²²I will proclaim your name to my brothers and sisters; I will praise you in the assembly.

Psalm 22:19-22 (CSB)

Don't worry about anything, but in everything, through prayer and petition with thanksgiving, present your requests to God. ⁷And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus.

Philippians 4:6-7 (CSB)

Then he said to his disciples, "Therefore I tell you, don't worry about your life, what you will eat; or about the body, what you will wear. ²³For life is more than food and the body more than clothing. ²⁴Consider the ravens: They don't sow or reap; they don't have a storeroom or a barn; yet God feeds them. Aren't you worth much more than the birds? ²⁵Can any of you add one moment to his life span by worrying? ²⁶If then you're not able to do even a little thing, why worry about the rest? ²⁷"Consider how the wildflowers grow: They don't labor or spin thread. Yet I tell you, not even Solomon in all his splendor was adorned like one of these. ²⁸If that's how God clothes the grass, which is in the field today and is thrown into the furnace tomorrow, how much more will he do for you—you of little faith? ²⁹Don't strive for what you should eat and what you should drink, and don't be anxious. ³⁰For the Gentile world eagerly seeks all these things, and your Father knows that you need them. ³¹"But seek his kingdom, and these things will be provided for you. ³²Don't be afraid, little flock, because your Father delights to give you the kingdom. ³³Sell your possessions and give to the poor. Make money-bags for yourselves that won't grow old, an inexhaustible treasure in heaven, where no thief comes near and no moth destroys. ³⁴For where your treasure is, there your heart will be also."

Luke 12:22-34 (CSB)

4. God is with us so we should <u>HONOR</u> Him. (Vs 23-31)

You who fear the LORD, praise him! All you descendants of Jacob, honor him! All you descendants of Israel, revere him! ²⁴For he has not despised or abhorred the torment of the oppressed. He did not hide his face from him but listened when he cried to him for help. ²⁵I will give praise in the great assembly because of you; I will fulfill my vows

before those who fear you. ²⁶The humble will eat and be satisfied; those who seek the LORD will praise him. May your hearts live forever! ²⁷All the ends of the earth will remember and turn to the LORD. All the families of the nations will bow down before you, ²⁸for kingship belongs to the LORD; he rules the nations. ²⁹All who prosper on earth will eat and bow down; all those who go down to the dust will kneel before him—even the one who cannot preserve his life. ³⁰Their descendants will serve him; the next generation will be told about the Lord. ³¹They will come and declare his righteousness; to a people yet to be born they will declare what he has done. Psalm 22:23-31 (CSB)

The humble will eat and be satisfied...

Psalm 22:26a (CSB)

I will bless the LORD at all times; his praise will always be on my lips. ²I will boast in the LORD; the humble will hear and be glad. ³Proclaim the LORD's greatness with me; let us exalt his name together. ⁴I sought the LORD, and he answered me and rescued me from all my fears.

Psalm 34:1-4 (CSB)

• He might not rescue us from every situation, but He will rescue us from all our fears.

A psalm of David. The LORD is my shepherd; I have what I need. ²He lets me lie down in green pastures; he leads me beside quiet waters. ³He renews my life; he leads me along the right paths for his name's sake. ⁴Even when I go through the darkest valley, I fear no danger, for you are with me; your rod and your staff—they comfort me. ⁵You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. ⁶Only goodness and faithful love will pursue me all the days of my life, and I will dwell in the house of the LORD as long as I live.

Psalm 23:1-6 (CSB)