

THE HEART OF CHRIST  
Matthew 11:28-30 (ESV)

*"Come to me, all who labor and are heavy laden, and I will give you rest. <sup>29</sup>Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. <sup>30</sup>For my yoke is easy, and my burden is light."*

Matthew 11:28-30 (ESV)

1. The LOVING heart of Christ always has COMPASSION on those who are tired and burdened.

*"Come to me, all who labor and are heavy laden, and I will give you rest."*

Matthew 11:28 (ESV)

*Now when Jesus heard this, he withdrew from there in a boat to a desolate place by himself. But when the crowds heard it, they followed him on foot from the towns.*

*<sup>14</sup>When he went ashore he saw a great crowd, and he had compassion on them and healed their sick.*

Matthew 14:13-14 (ESV)

*Soon afterward he went to a town called Nain, and his disciples and a great crowd went with him. <sup>12</sup>As he drew near to the gate of the town, behold, a man who had died was being carried out, the only son of his mother, and she was a widow, and a considerable crowd from the town was with her. <sup>13</sup>And when the Lord saw her, he had compassion on her and said to her, "Do not weep." <sup>14</sup>Then he came up and touched the bier, and the bearers stood still. And he said, "Young man, I say to you, arise." <sup>15</sup>And the dead man sat up and began to speak, and Jesus gave him to his mother.*

Luke 7:11-15 (ESV)

2. The GENTLE heart of Christ always provides REST for our souls.

*"Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls."*

Matthew 11:29 (ESV)

*Rejoice greatly, O daughter of Zion! Shout aloud, O daughter of Jerusalem!  
Behold, your king is coming to you; righteous and having salvation is he, humble and mounted on a donkey, on a colt, the foal of a donkey.*

Zechariah 9:9 (ESV)

3. The LOWLY heart of Christ means He is always APPROACHABLE.

*"Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls."*

Matthew 11:29 (ESV)

*Jesus Christ is the same yesterday and today and forever.*

Hebrews 13:8 (ESV)

4. The GENEROUS heart of Christ provides us with His yoke and burden.

*"For my yoke is easy, and my burden is light."*

Matthew 11:30 (ESV)