

The Fourth Commandment- Remember the Sabbath Day to keep it holy.

Introduction - with a little help from Tim Hawkins:

 **Tim Hawkins - Chick-fil-A Song**

Things to be thinking about as we learn more - How does the 4th commandment teach me/us more about the LORD and how does obeying it help me to live in freedom with those around me?

WSC 57 Question: Which is the 4th commandment?

Answer: The fourth commandment is, Remember the sabbath-day to keep it holy. Six days you shall labor, and do all your work: but the seventh day is the Sabbath to the LORD your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates: For in six days the Lord made heaven and earth, the sea, and all that is in them, and rested the seventh day. Therefor the Lord blessed the Sabbath day, and made it holy. ([Exodus 20:8-11](#))

WSC 58 Question: What is required in the 4th commandment?

Answer: The fourth commandment requires keeping holy to God such set times as He hath appointed in His Word; expressly one whole day in seven, to be a holy sabbath to himself. ([Deut. 5:12,13,14](#)).

WSC 59 Question: Which day of the seven has God appointed to be the weekly Sabbath?

Answer: From the beginning of the world to the resurrection of Christ, God appointed the seventh day of the week to be the weekly sabbath; and the first day of the week ever since, to continue to the end of the world, which is the Christian Sabbath. ([Gen. 2:2,3](#); [1 Cor. 16:1,2](#); [Acts 20:7](#)).

WSC 60 Question: How is the Sabbath to be sanctified?

Answer: The Sabbath is to be sanctified by a holy resting all that day, even from such worldly employments and recreations as are lawful on other days; and spending the whole time in the public and private exercises of God's worship, except so much as is to be taken up in the works of necessity and mercy. ([Exod. 20:8,10](#); [Exod.16:25-28](#); [Neh. 13:15-19,21,22](#); [Luke 4:16](#); [Acts 20:7](#); [Ps. 92:1-2](#); [Isa. 66:23](#); [Matt. 12:1-31](#)).

WSC 61 Question: What is forbidden in the fourth commandment?

Answer: The fourth commandment forbids the omission or careless performance of the duties required, and the profaning the day by idleness, or doing that which is in itself sinful, or by unnecessary thoughts, words, or works, about our worldly employments or recreations. ([Ezek. 22:26](#); [Amos 8:5](#); [Mal. 1:13](#); [Acts 20:7,9](#); [Ezek. 23:38](#); [Jer. 17:24-26](#); [Isa. 58:13](#)).

WSC 62 Question: What are the reasons attached to the fourth commandment?

Answer: The reasons annexed to the fourth commandment are, God's allowing us six days of the week for our own employments, His establishing a special ownership in the seventh, His own example, and His blessing the Sabbath day ([Exod. 20:9,11](#)).

Applications

[Psalm 122:1](#)

The gift of rest

Showing up

Sing loudly ...and more

Sunday ain't Tuesday

LORD of the Lords Day- called out of slavery