

# RHYTHMS

PRACTICING THE WAY OF JESUS





# PSALM 139 BOOKENDS

## Recognition of Intimacy

*“O Lord,  
You have  
searched me  
and known  
me...” (v.1)*

## Invitation to Intimacy

*“Search me,  
O God, and  
know me...”  
(v. 24)*



# PSALM 139 BOOKENDS

## Recognition of Intimacy

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SEEN  
CREATED  
LOVED  
COMFORTED

## Invitation to Intimacy

*“Search me,  
O God, and  
know me...”  
(v. 24)*



The background is a solid orange color with a subtle, fine-grained texture. In the top-left and bottom-right corners, there are decorative elements consisting of multiple thin, dark grey lines that flow and curve together, creating a sense of movement and depth. The text is centered horizontally and positioned in the middle of the frame.

**1) GOD KNOWS ME:** *God's knowledge of me is terrifyingly trustworthy.*



















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**1) GOD KNOWS ME:** *God's knowledge of me is terrifyingly trustworthy.*





O LORD, you have searched me and known me!

— Psalm 139:1





“Why do you talk without knowing what you’re  
talking about?

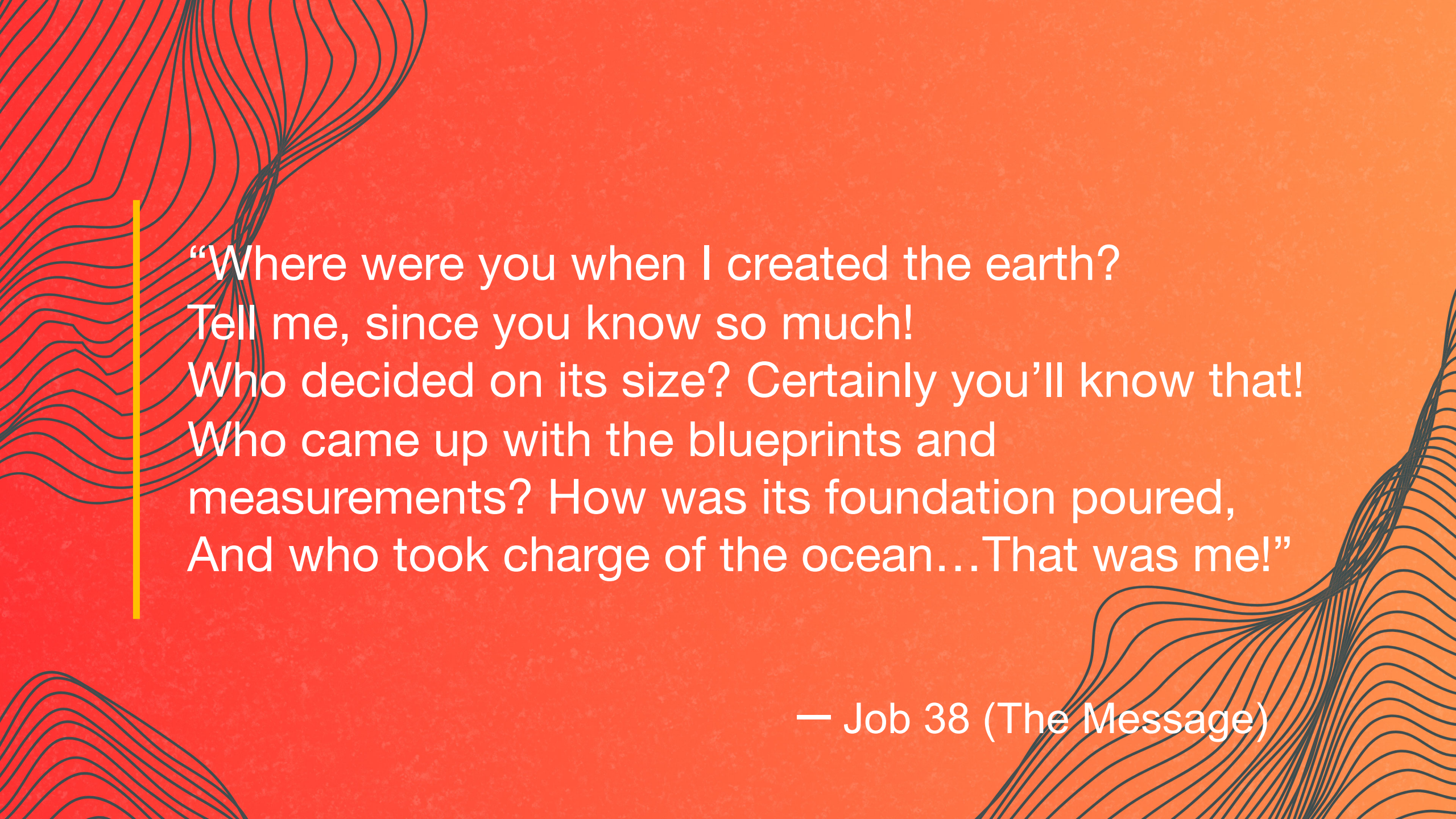
Pull yourself together, Job! Up on your feet!

Stand tall!

I have some questions for you, and I want some  
straight answers.”

— Job 38 (The Message)

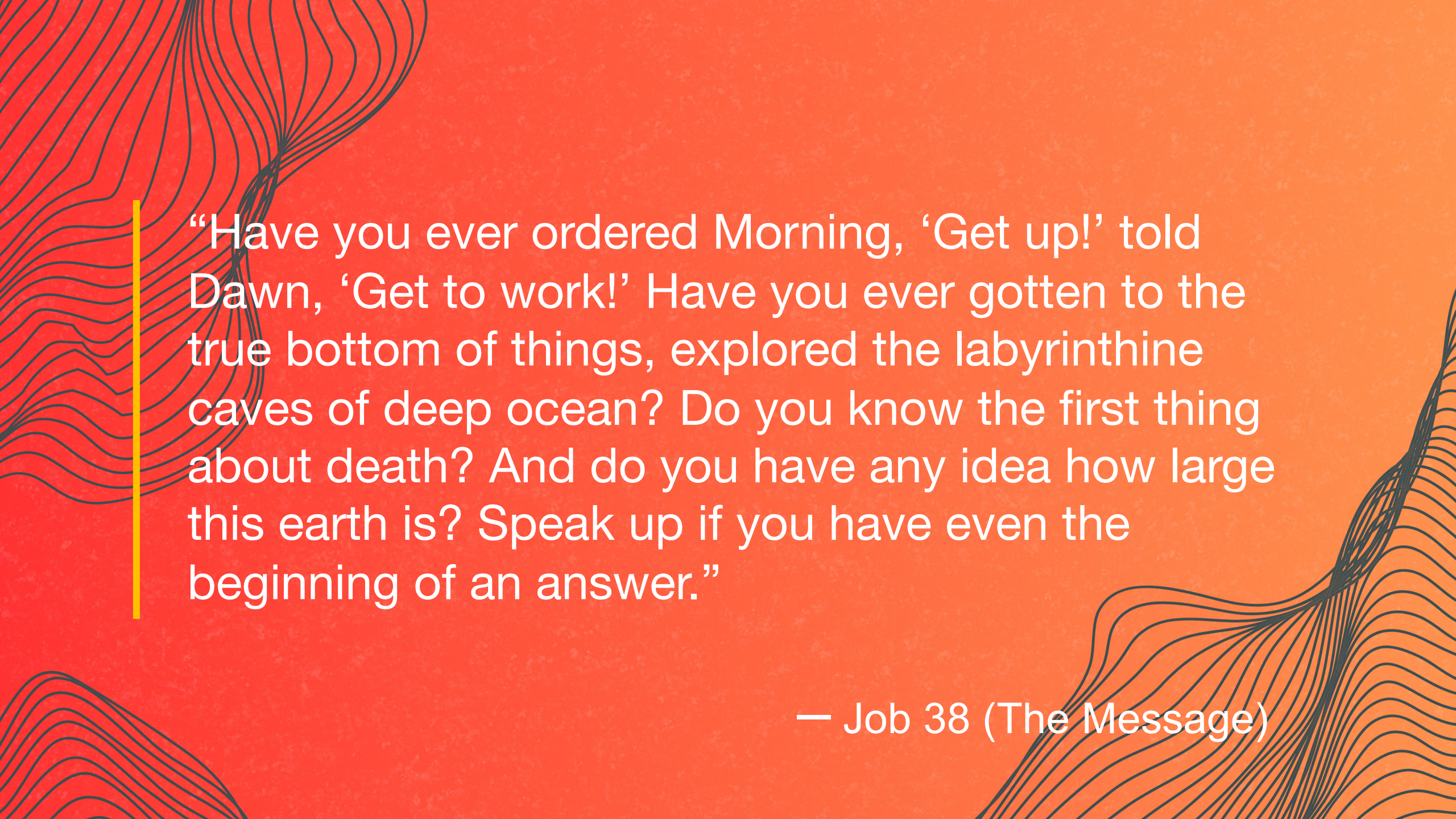




“Where were you when I created the earth?  
Tell me, since you know so much!  
Who decided on its size? Certainly you’ll know that!  
Who came up with the blueprints and  
measurements? How was its foundation poured,  
And who took charge of the ocean...That was me!”

— Job 38 (The Message)

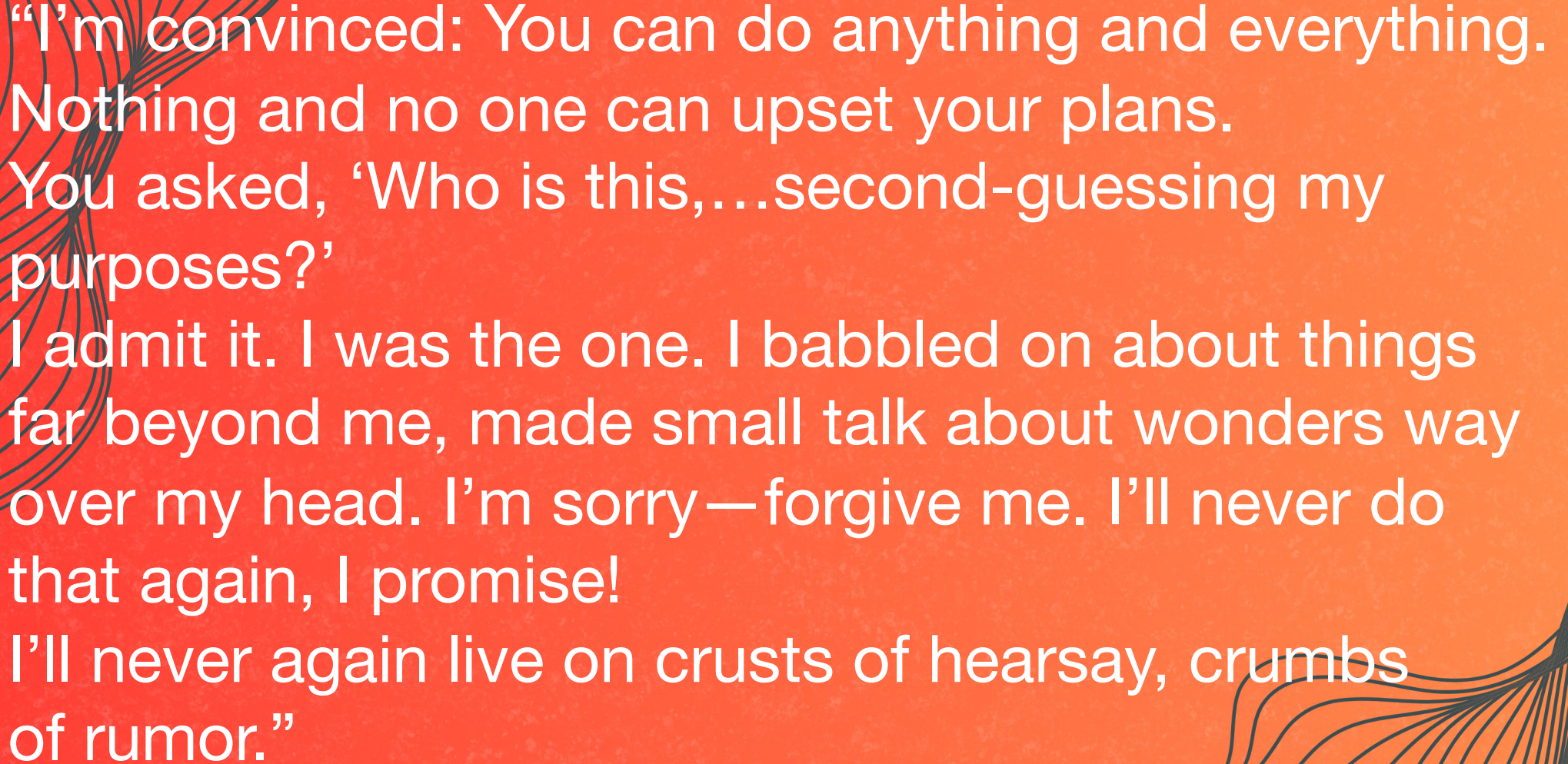


The background features a gradient from dark red on the left to orange on the right. A vertical yellow line is positioned on the left side. Wavy, dark grey lines are scattered across the background, particularly on the left and right sides.

“Have you ever ordered Morning, ‘Get up!’ told Dawn, ‘Get to work!’ Have you ever gotten to the true bottom of things, explored the labyrinthine caves of deep ocean? Do you know the first thing about death? And do you have any idea how large this earth is? Speak up if you have even the beginning of an answer.”

— Job 38 (The Message)



The background features a gradient from red on the left to orange on the right. A vertical yellow line is positioned on the left side. Wavy, dark grey lines are layered across the background, creating a sense of movement and depth.

“I’m convinced: You can do anything and everything.  
Nothing and no one can upset your plans.  
You asked, ‘Who is this,...second-guessing my  
purposes?’  
I admit it. I was the one. I babbled on about things  
far beyond me, made small talk about wonders way  
over my head. I’m sorry—forgive me. I’ll never do  
that again, I promise!  
I’ll never again live on crusts of hearsay, crumbs  
of rumor.”

— Job 42 (The Message)



The background is a solid orange color. In the top-left and bottom-right corners, there are decorative elements consisting of multiple thin, dark grey lines that curve and wave together, creating a sense of movement and depth. A bright yellow rectangular frame is centered on the page, enclosing the text.

## **DOCTRINE OF GOD**

**ALL KNOWING – Omniscient**



The background is a solid orange color. In the top-left and bottom-right corners, there are decorative elements consisting of multiple thin, dark grey lines that curve and overlap to create a wavy, organic pattern. A bright yellow rectangular border is centered on the page, framing the text.

## **DOCTRINE OF GOD**

**ALL KNOWING – Omniscient**

**UNKNOWABLE – Transcendence**



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## **DOCTRINE OF GOD**

**ALL KNOWING – Omniscient**

**UNKNOWABLE – Transcendence**

**KNOWABLE – Immanence**





**Great is the LORD, and greatly to be praised,  
and his greatness is unsearchable.**

— Psalm 145:3



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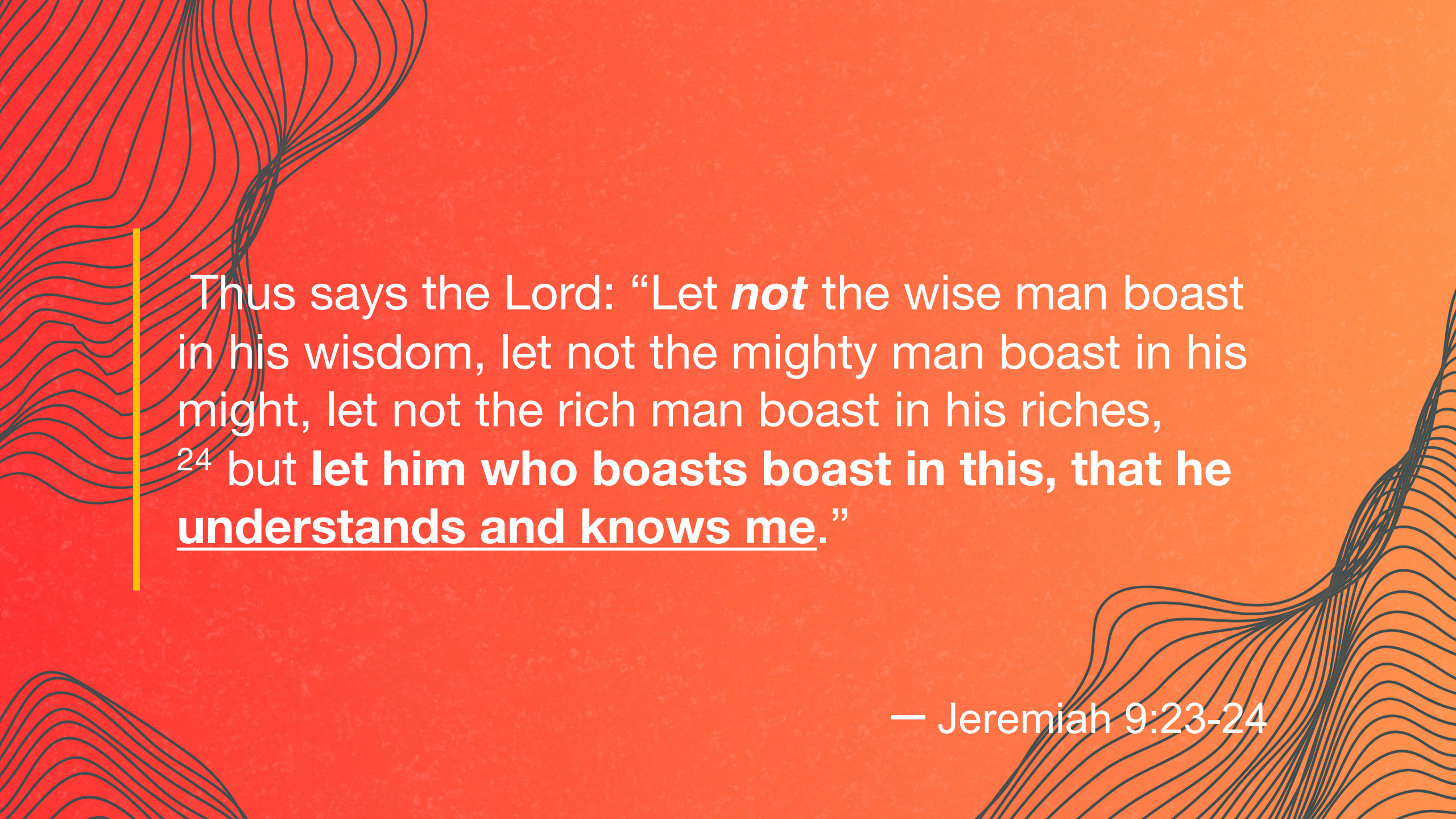
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**ALL KNOWING – Omniscient**

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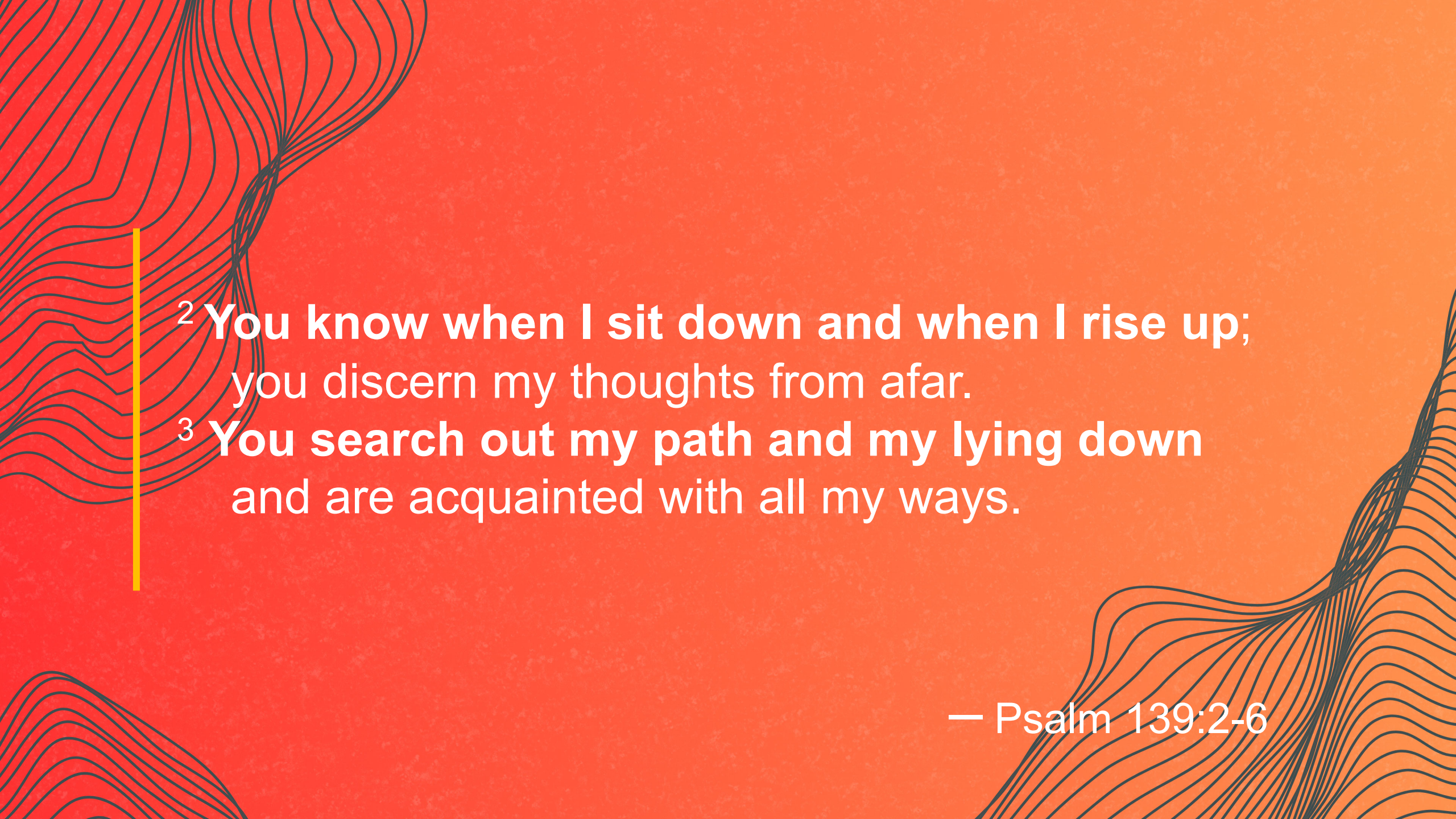




Thus says the Lord: “Let *not* the wise man boast in his wisdom, let not the mighty man boast in his might, let not the rich man boast in his riches,  
<sup>24</sup> but **let him who boasts boast in this, that he understands and knows me.”**

— Jeremiah 9:23-24



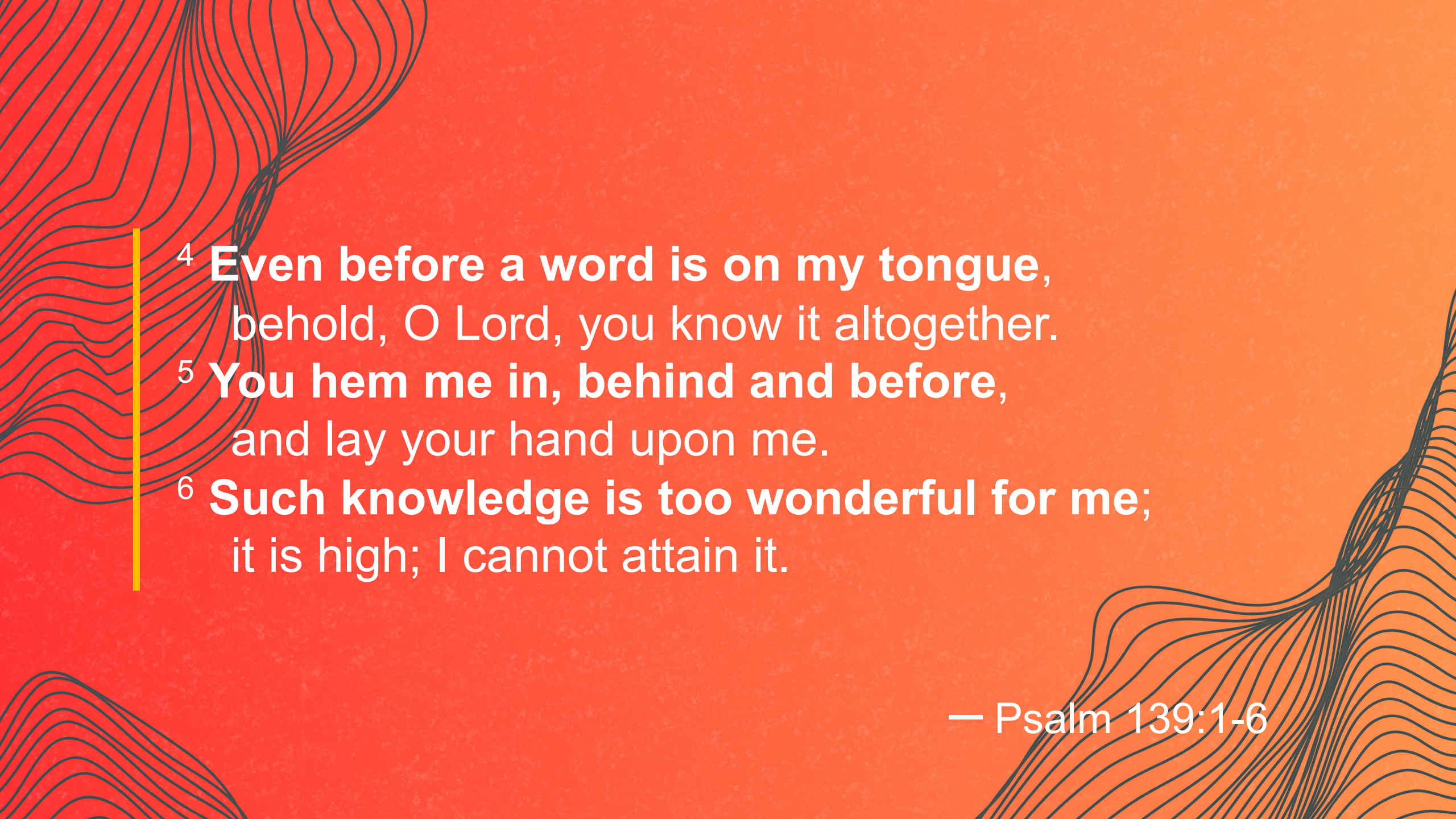


<sup>2</sup> **You know when I sit down and when I rise up;**  
you discern my thoughts from afar.

<sup>3</sup> **You search out my path and my lying down**  
and are acquainted with all my ways.

— Psalm 139:2-6



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- 4 Even before a word is on my tongue,  
behold, O Lord, you know it altogether.**
- 5 You hem me in, behind and before,  
and lay your hand upon me.**
- 6 Such knowledge is too wonderful for me;  
it is high; I cannot attain it.**

— Psalm 139:1-6

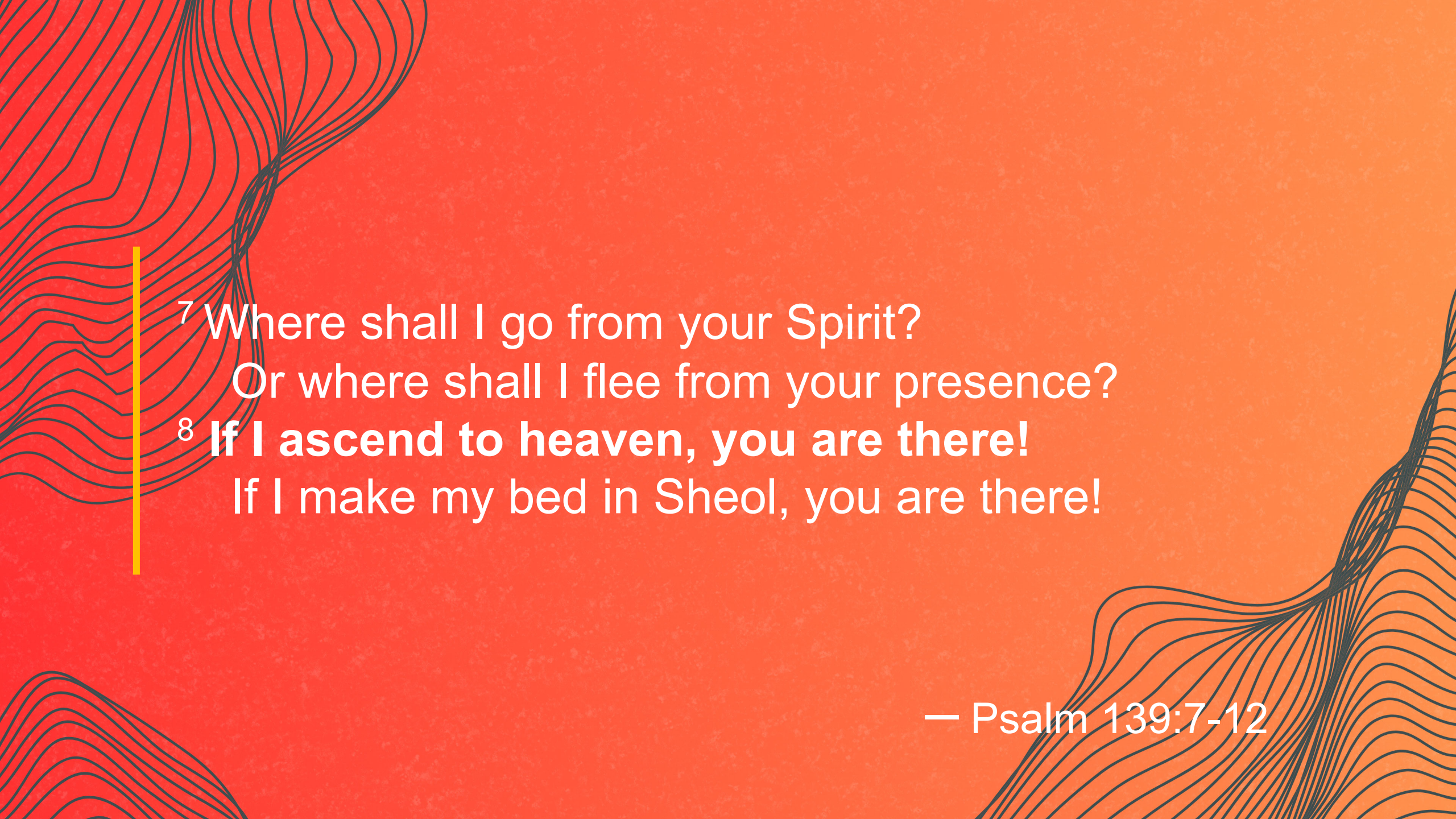




1) **GOD KNOWS ME:** *God's knowledge of me is terrifyingly trustworthy.*

2) **GOD SEES ME:** *God's presence is inescapably freeing.*

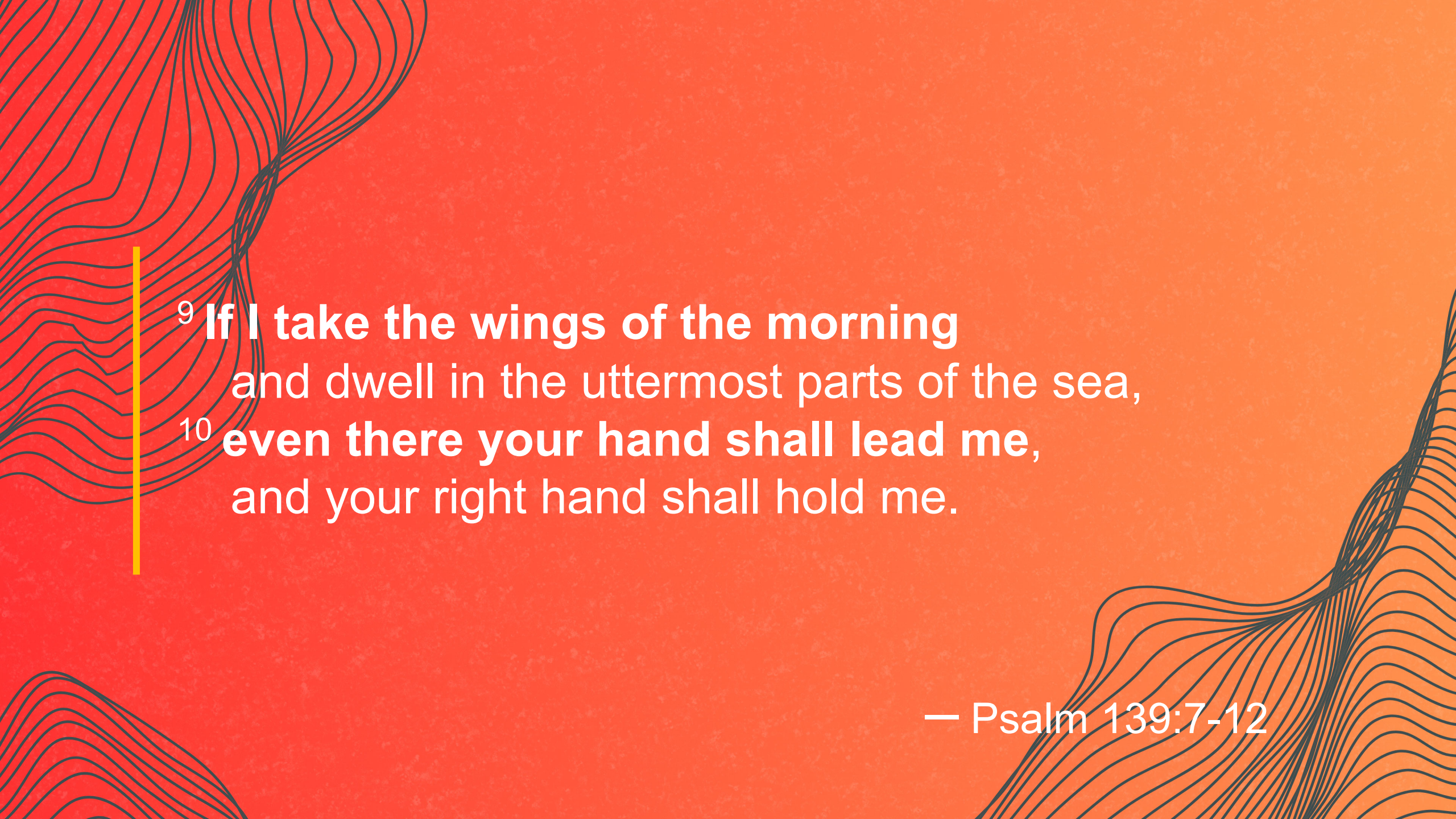




<sup>7</sup> Where shall I go from your Spirit?  
Or where shall I flee from your presence?  
<sup>8</sup> **If I ascend to heaven, you are there!**  
If I make my bed in Sheol, you are there!

— Psalm 139:7-12

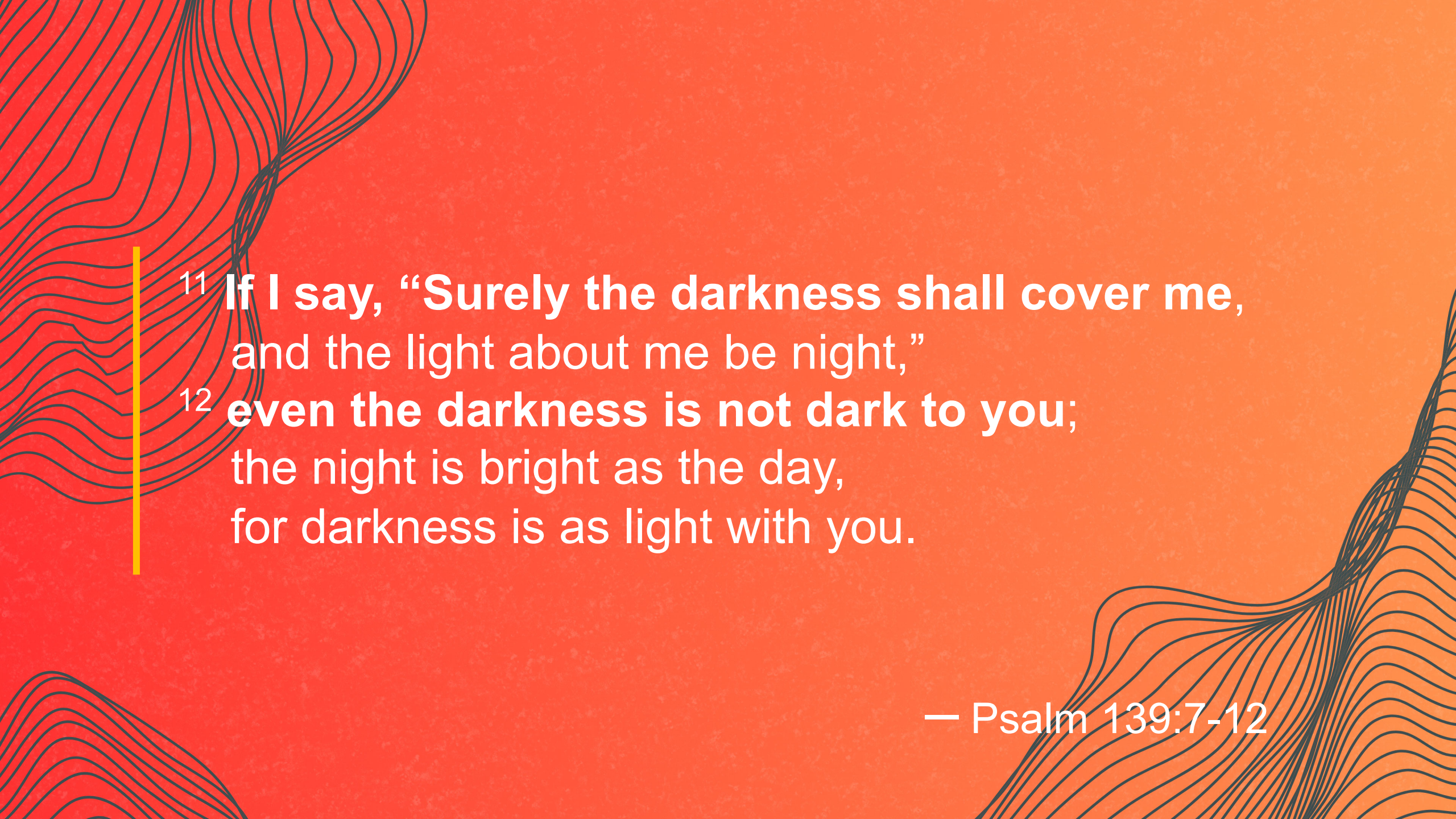




<sup>9</sup> **If I take the wings of the morning**  
and dwell in the uttermost parts of the sea,  
<sup>10</sup> **even there your hand shall lead me,**  
and your right hand shall hold me.

— Psalm 139:7-12





11 **If I say, “Surely the darkness shall cover me,  
and the light about me be night,”**  
12 **even the darkness is not dark to you;**  
the night is bright as the day,  
for darkness is as light with you.

— Psalm 139:7-12



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## **DOCTRINE OF GOD**

**ALL KNOWING – Omniscient**

**UNKNOWABLE – Transcendence**

**KNOWABLE – Immanence**

**ALL PRESENT – Omnipresent**



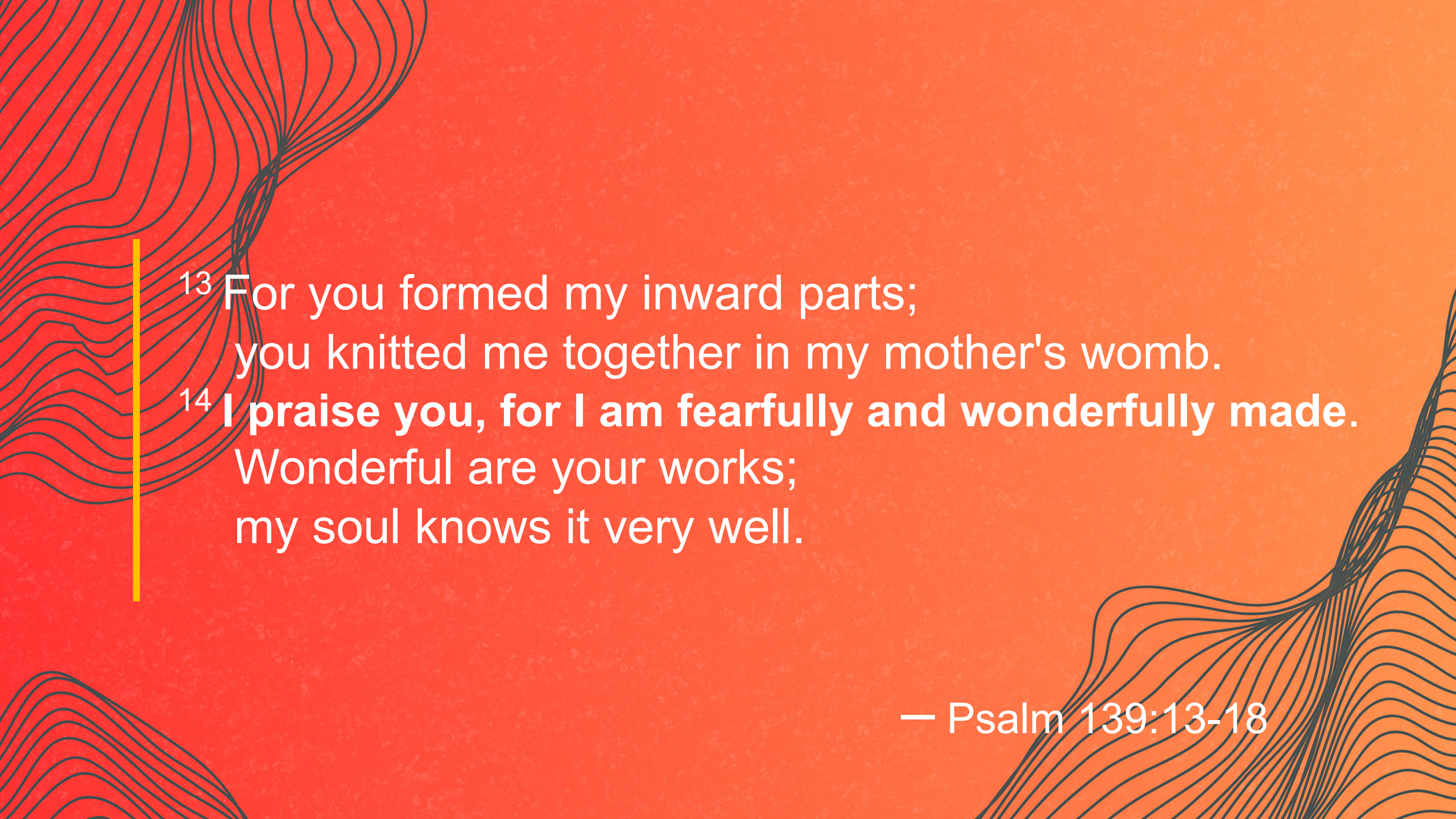


1) **GOD KNOWS ME:** *God's knowledge of me is terrifyingly trustworthy.*

2) **GOD SEES ME:** *God's presence is inescapably freeing.*

3) **GOD CREATED AND LOVES ME:** *God's thoughts toward me are fearfully wonderful.*



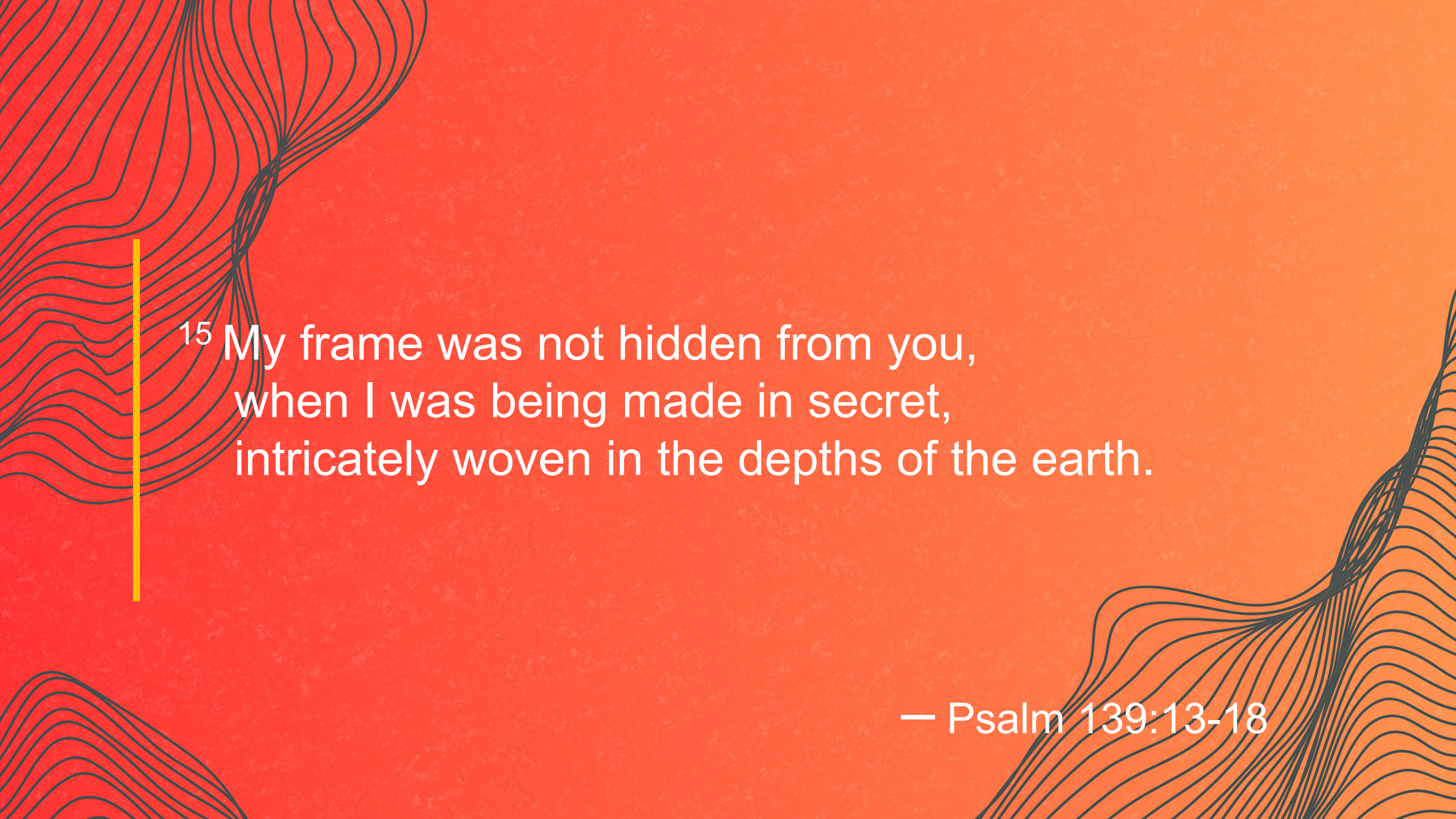


13 For you formed my inward parts;  
you knitted me together in my mother's womb.

14 **I praise you, for I am fearfully and wonderfully made.**  
Wonderful are your works;  
my soul knows it very well.

— Psalm 139:13-18

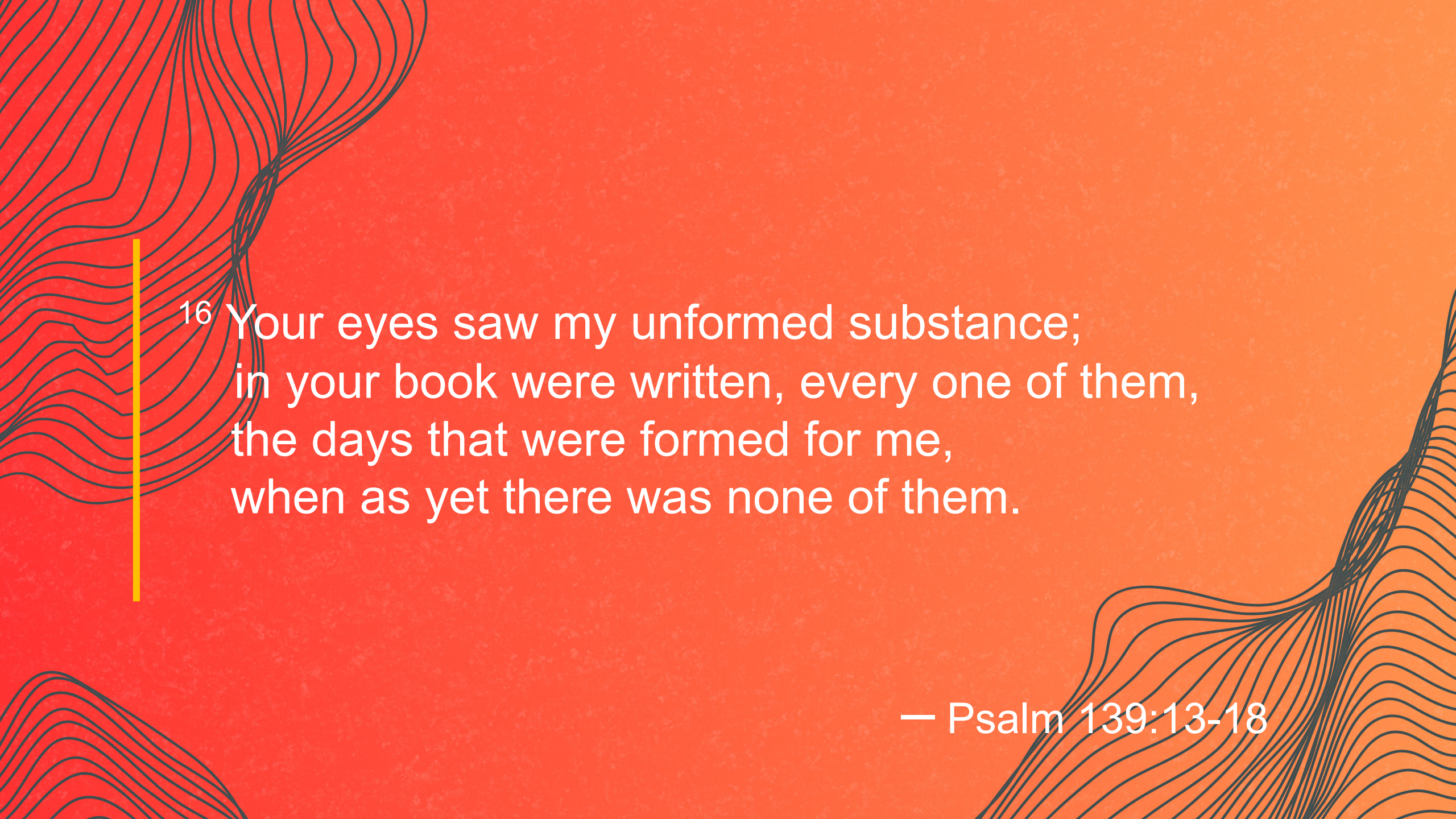




15 My frame was not hidden from you,  
when I was being made in secret,  
intricately woven in the depths of the earth.

— Psalm 139:13-18

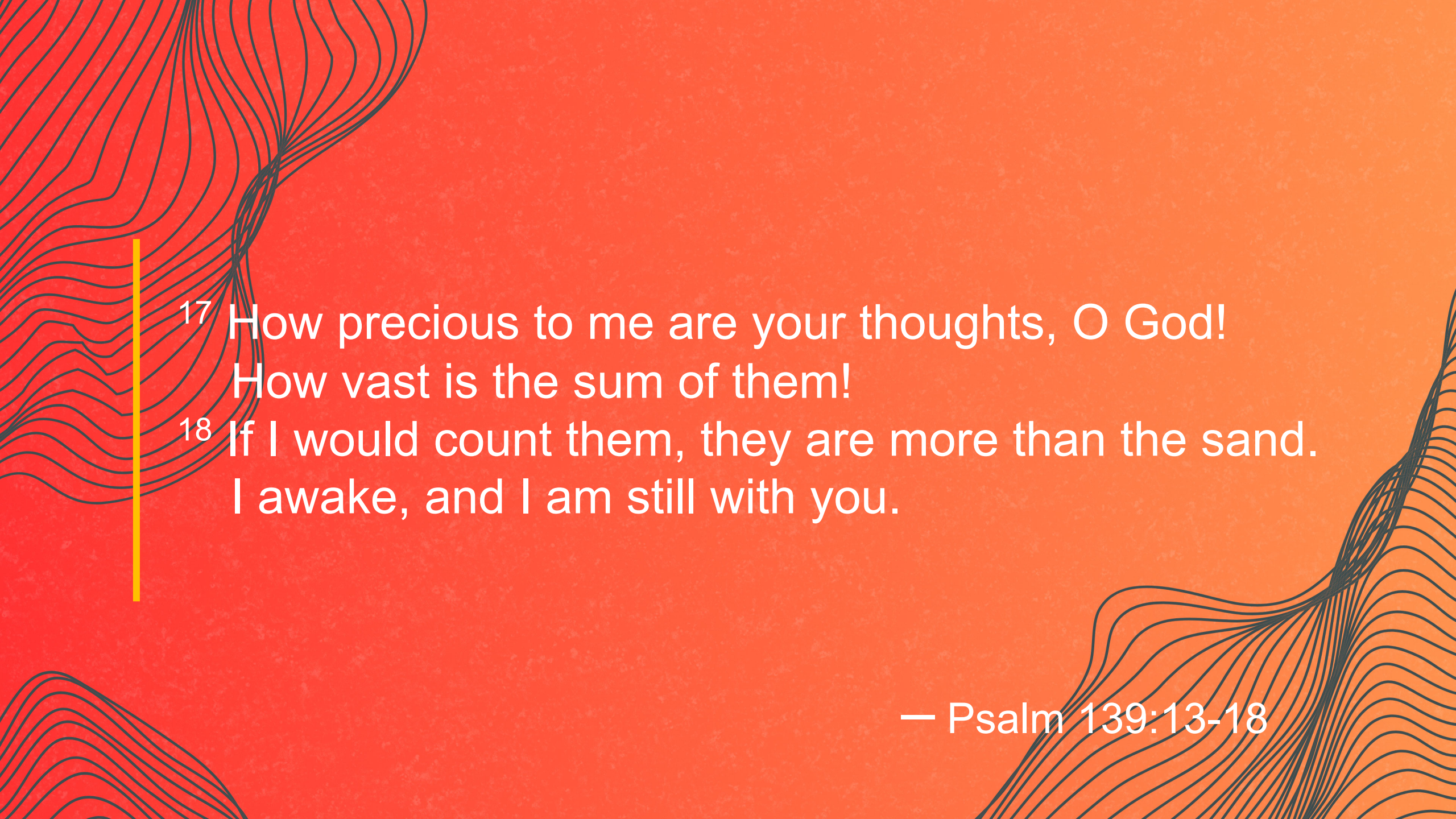




16 Your eyes saw my unformed substance;  
in your book were written, every one of them,  
the days that were formed for me,  
when as yet there was none of them.

— Psalm 139:13-18



The background is a gradient of orange and red. On the left side, there are several vertical, wavy lines in a dark teal color. A single vertical yellow line is positioned to the left of the text. The text is in a white, sans-serif font.

17 How precious to me are your thoughts, O God!  
How vast is the sum of them!

18 If I would count them, they are more than the sand.  
I awake, and I am still with you.

— Psalm 139:13-18

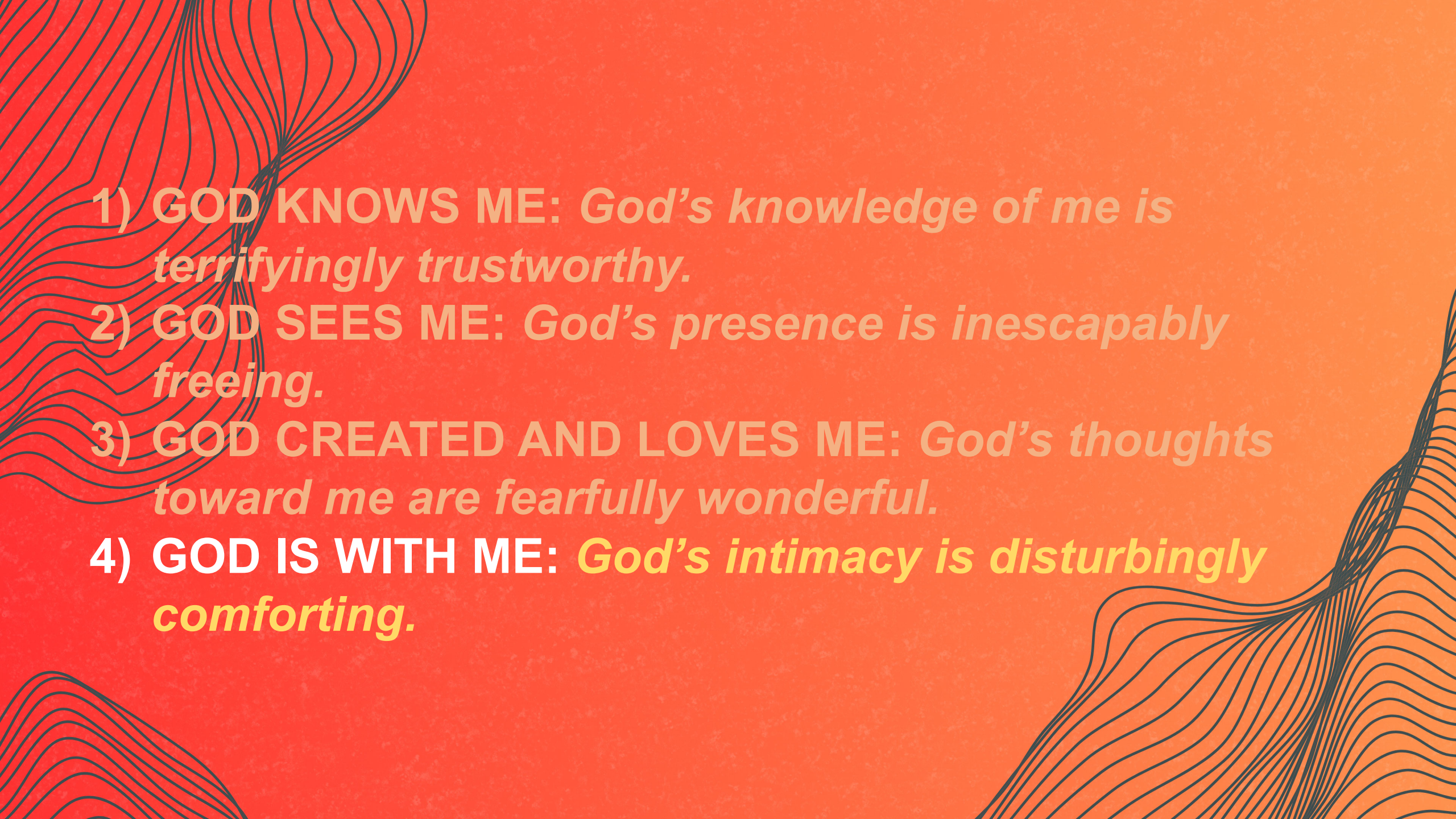




Before I formed you in the womb I knew you...

— Jeremiah 1:5



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- The image features a solid orange background with decorative wavy lines in the corners. The lines are thin and black, creating a sense of movement and depth. The text is centered and consists of four numbered points, each with a bold title and a descriptive sentence in italics.
- 1) **GOD KNOWS ME:** *God's knowledge of me is terrifyingly trustworthy.*
  - 2) **GOD SEES ME:** *God's presence is inescapably freeing.*
  - 3) **GOD CREATED AND LOVES ME:** *God's thoughts toward me are fearfully wonderful.*
  - 4) **GOD IS WITH ME:** *God's intimacy is disturbingly comforting.*





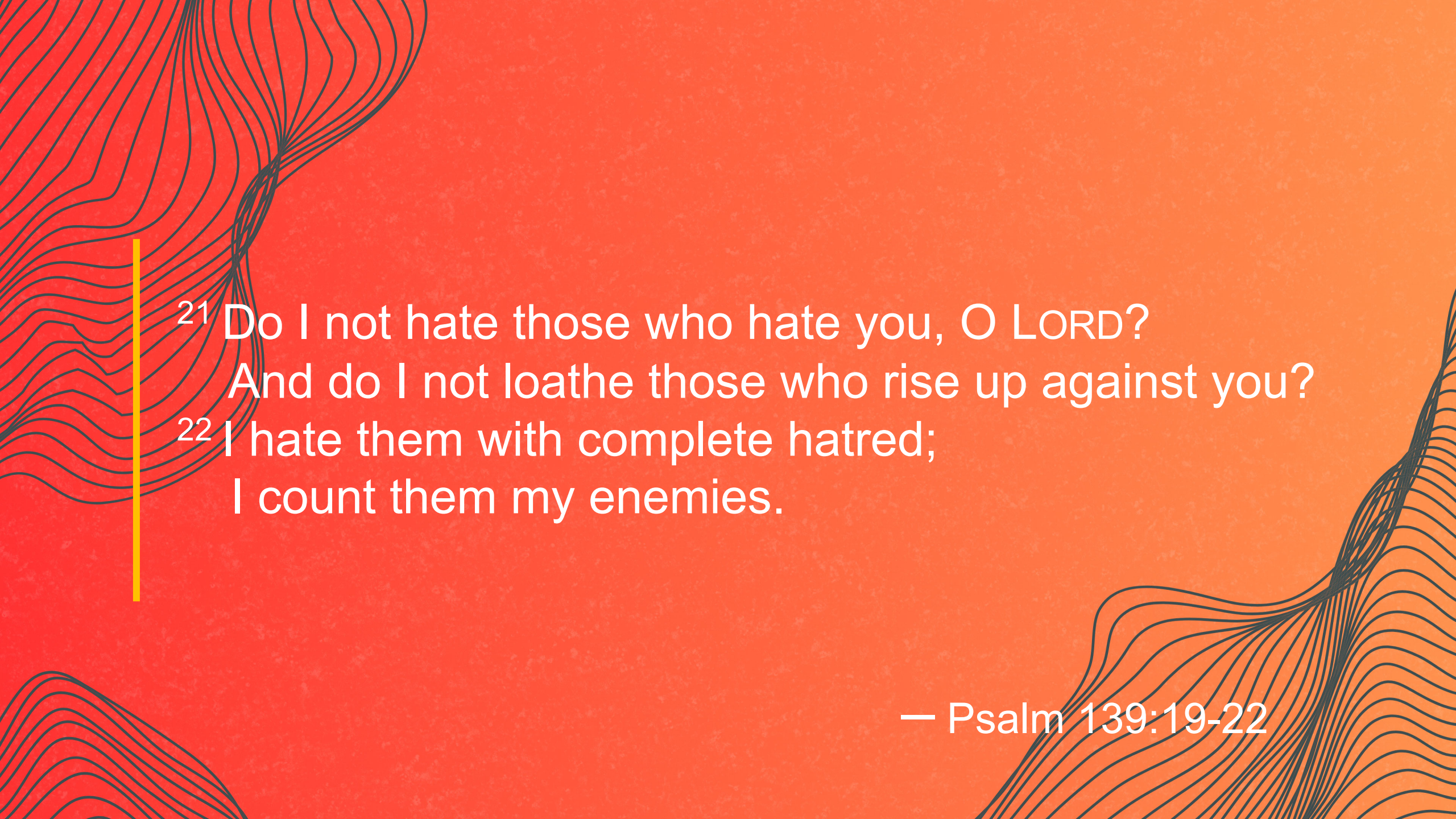
Oh that you would slay the wicked, O God!

O men of blood, depart from me!

<sup>20</sup> They speak against you with malicious intent;  
your enemies take your name in vain.

— Psalm 139:19-22





21 Do I not hate those who hate you, O LORD?  
And do I not loathe those who rise up against you?  
22 I hate them with complete hatred;  
I count them my enemies.

— Psalm 139:19-22





23 Search me, O God, and know my heart!  
Try me and know my thoughts!

24 **And see if there be any grievous way in me,  
and lead me in the way everlasting!**

— Psalm 139:23-24



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***I agree with God about who he is  
and I will agree with God about who I am.***



**PRAYING SCRIPTURE – Psalm 139**

**GOD IS WITH \_\_\_\_\_ INTIMATELY**

***Speak a name in each blank as you pray the scripture aloud.***



# EXAMPLE OF PRAYING SCRIPTURE FOR OTHERS – Psalm 139

O Lord, you have searched \_\_\_\_\_ and know \_\_\_\_\_!

You know when \_\_\_\_\_ sits down and when \_\_\_\_\_ rises up;

you know \_\_\_\_\_'s thoughts from afar.



# EXAMPLE OF PRAYING SCRIPTURE FOR OTHERS – Psalm 139

O Lord, you have searched ME and know ME!

You know when I sit down and when I rise up;

you know MY thoughts from afar.



## PRAYING SCRIPTURE – Psalm 139

You know MY path and MY lying down and are intimately acquainted with all MY ways.

Even before a word is on MY tongue, behold, O Lord, you know it all.



## PRAYING SCRIPTURE – Psalm 139

You hem ME in, behind, and before, and lay your hand upon ME.

Such knowledge is too wonderful for me; it is high, I cannot comprehend it.



## PRAYING SCRIPTURE – Psalm 139

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If I ascend to heaven, you are there!

If I make MY bed in Sheol,



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even there your hand shall lead ME, and your right hand shall hold ME.



## PRAYING SCRIPTURE – Psalm 139

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How vast is the sum of them! If I would count them, they are more than the sand.

When I awake, You are still there.



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God, search ME and know ME heart!

Try ME and know MY thoughts!

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